



How to Make Sh*t Happen: Make more money, get in better shape, create epic relationships and control your life!

Sean Whalen

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Is your daily life chaotic and out of control?

Do you struggle with work/life balance?

Does it feel like there are never enough hours in the day to accomplish all your goals?

Does it feel like no matter how hard you try it's never good enough?

Are you looking for a simple yet executable roadmap to create the life you've always desired?

If you answered "yes" to any of these questions, then you need...

HOW TO MAKE SH*T HAPPEN

"Core 4 has brought order to chaos. Every time I veer off from it, the shit storms appear" - Ed Eisenbeck

"CORE 4 has opened up my mind more than anything I have done in my life. It has shown me that I control my time, my relationships, my body, business, and altogether my life. I'm no longer just along for the ride. In any aspect of life." - Bryan Hooley

How to Make Sh*t Happen: Make more money, get in better shape, create epic relationships and control your life! Details

Date : Published February 1st 2018 by CreateSpace Independent Publishing Platform

ISBN : 9781984268945

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Format : Paperback 100 pages

Genre : Self Help, Personal Development, Nonfiction



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From Reader Review How to Make Sh*t Happen: Make more money, get in better shape, create epic relationships and control your life! for online ebook

Joe says

Possibly ghost written by Donald Trump, Jr and a bowl of cocaine, 25% of the book-shaped pamphlet deals with informing the reader that they are a fat, lazy slob that doesn't have a strong enough desire to be awesome.

Originally subtitled "The Art of the Humble Brag," 50% of the text involves the author going to great efforts to portray his obvious and innate awesomeness. Be on the lookout for LOTS OF UNNECESSARY CAPITALIZATION because this book was likely adapted from A 2 AM TWITTER RANT.

The remaining 25% does delve into self-help guidance aimed at improving the reader's health, wealth, mind and relationships. But the advice is often interrupted by distracted thoughts reinforcing that the reader is a fat, lazy slob, unlike the author who is REAL ULTIMATE AWESOME. In case you needed reminding.

The CORE of this text is the author-hustler looking for some passive income resulting from about 30 minutes of jotting down angry coach platitudes.

Skye Marsh says

Straightforward and simple

These are simple, easy tips to help get your life under some "control". Each day, focus on four quadrants of life and do something positive to affect each one (relationships, business, body, mind). I immediately began thinking in the four quadrant manner the day after reading this! It is very short - you can finish and put it to practical use in an hour.

His overuse of caps drove me a little crazy. It was kind of like having a motivational coach as a drill sergeant at times.

Jean-marie Prevost says

There is almost no content to this entire book. It's 100 pages long, which is already short, but the huge font and excessive use of white-space probably makes it more around 40. Add to this that nearly half of the book is wasted on trying to sell you the concept (or some other product the author is selling) and you're left with about 10 pages-worth of very basic content. It's not that it's bad stuff, it's just really basic stuff.

A lot of it reads like bragging to me, and if I had to summarize it, I'd say this book is the "bro" version of pop psych. The constant use of ALL CAPS makes it feel very much like the work of a 15 year old. For example: "It was SO radically different than anything I had ever experienced [...] IT WORKED. I was getting RESULTS."

Another very good way to tell whether the book might be for you or not is the fact that the author strongly recommends reading "As a Man Thinketh", "The Alchemist" and "Think & Grow Rich". Maybe it's your genre, sure wasn't mine.

Susana Lobo says

Great Advice for People Who Like to Shit on Others

I bought this thinking it would go over the actual advice and some perspective wit some practical application, but-

Nothing. This book is nothing but an autobiography, told from ONE perspective and I personally believe that those who love to take a piss at servers and food workers give off the same negative vibes that this same book tells you to avoid at all cost.

I understand the mentality the book. It does demand that you hold yourself accountable, But it's more about how a guy lives the whole "Pull up the bootstraps" life.

Brian Stevenson says

I loved it

I read this on a very low day, depressed and hopeless. Now I'm determined to get to work. Going to read this again and often. Very motivating, down to earth, and brutally honest. I've found something very valuable by reading this. Got it for my Kindle, totally worth the price. Thank you!

Constance Phillips says

Great. Honest straight forward.

Bought this book when a friend reccomend it. So glad I did. Honest, no nonsense advice on how to improve everything in your life. Must read.

Mike Reeves says

Amen!!

Love this guy! Do the work, do it now. Small book but big meanings I will read it again and again!!! Thanks Sean.

Thiago Ricieri says

this is the worst book I have read this year. Full of obviousness, not engaging at all.

Kody says

Simple book about having goals.

Simple book about having goals. Nothing new or unheard of but has a unique spin on it. Sean covers 4 areas that he focuses on daily and through those areas has found a solution for him that works. Real estate man that lost it all in 2008, to renewed life coach making millions.

Quick book to get through, read in less then 15 minutes. Good reminders on how people over complicate things and just need to start something rather then get a million dollar unique idea to make money.

Overall a good book but nothing life changing.

Rick says

Appreciated that the book (CORE4!) was short and to the point, literally took (CORE4!) around an hour and a half to read. Good message, nothing you wouldn't expect (CORE4 motherfucker!!!!) in this kind of "self-help" book but the message is (CORE4!!!!) a one that I enjoyed. Basically boils to 4 mains points called CORE4, that every day you should focus on your body, mind, relationship and being productive. THAT's your book and it will yell at you to do these things. CORE4!

Hope says

Could've been better. I did not take away anything new. This book is geared towards men and the writer sounds very full of himself.

Jessica says

So I was looking for some guidance in my life due to a serious work-life imbalance and I saw this book for a cheap price. I'm guessing it's cheap because it's short. Regardless it packs a powerful message that most self-help books don't - own your problems and do the work to overcome them. It's not sugarcoated and it's not rainbows and unicorns. It's in your face and to the point. Life is broken into 4 key aspects (CORE 4) and Whalen gives you steps to reach your goals for each area. But above all, own your life and do your work.

Paula Borowska says

Disaster of a book.

Nicole says

If you're looking for a motivational read for life, I don't think this is the book that will 100% change your life. The book is basically any blog article covering self improvement you could find online with the addition of profanity and what felt like was unnecessary yelling.

Basic tips and guidance but nothing that can fully solidify that sh*t will happen for everyone, but the argument to that is that you're not doing the Core4 correctly.

Though short read, in summary, this is what the main story of this book gets at, In order for things to happen, in order to feel "success," you have to do the work to get there. Plain and Simple.

Willie Owens says

Get busy NOW

This book is very motivating especially to men however women can benefit as well. He's correct when he says that it's our choice to be successful or not. Just have to quit being lazy and making excuses. It's all about positive affirmations and commitment to yourself. I didn't care for the foul language, but that's how men talk to each other in order to make a point.
