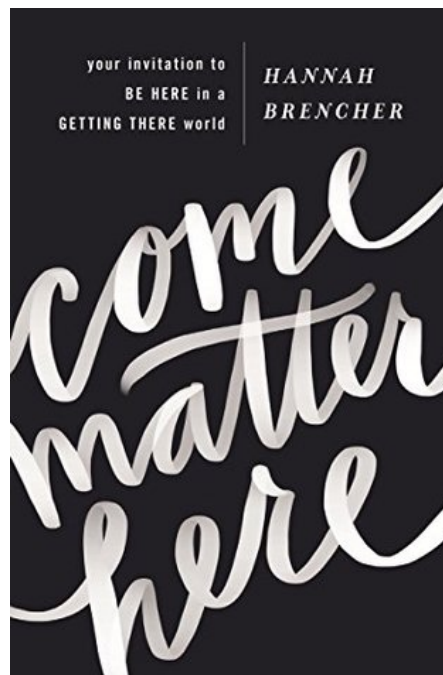




Come Matter Here: Your Invitation to Be Here in a Getting There World

Hannah Brencher

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From viral TED Talk speaker and founder of The World Needs More Love Letters, Hannah Brencher's *Come Matter Here* is the power read you need to start living like you mean it here and now.

Life is scary. Adulting is hard. When faced with the challenges of building a life of your own, it's all too easy to stake your hope and happiness in "someday." But what if the dotted lines on the map at your feet today mattered just as much as the destination you dream of?

Hannah Brencher, TED Talk speaker and founder of The World Needs More Love Letters, thought Atlanta was her destination. Yet even after she arrived, she found herself in the same old chase for the next best thing...somewhere else. And it left her in a state of anxiety and deep depression.

Our hyper-connected era has led us to believe life should be a highlight reel—where what matters most is perfect beauty, instant success, and ready applause. Yet, as Hannah learned, nothing about faith, relationships, or character is instant. So she took up a new mantra: be where your feet are. Give yourself a permission slip to stop chasing the next big thing, and come matter here. Engage the process as much as you trust the God who lovingly leads you.

If you are tired of running away from your life or tired of running ragged toward the next thing you think will make you feel complete, *Come Matter Here* will help you do whatever it takes to show up for the life God has for you. Whether you need to make a brave U-turn, take a bold step forward, or finish the next lap with fresh courage, find fuel and inspiration for the journey right here.

Come Matter Here: Your Invitation to Be Here in a Getting There World Details

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From Reader Review Come Matter Here: Your Invitation to Be Here in a Getting There World for online ebook

Megan Minutillo says

Do your hearts and minds and souls a favor and order it now.

.
Much of this book speaks to Hannah's battle with depression, and although it may sound depressing, I assure you it is quite the opposite - it's the steady beat of a drum that reminds you that you can beat the darkness.

.
I once battled with a depression. And I wish I had a book like this to hold in my hands. Because, sometimes, when being around people feels like it's too much for your heart, words are the way back to them. And Hannah's words are like armor for those who feel like they're drowning in the darkness and have forgotten what it feels like to stand in the light.

.
Depression isn't a cry for attention. It's not fun. It's actually a hellish ordeal. It's that bone sadness that you cannot shake. The kind that seeps beyond the tears and into your heart and into your heart and your bones and you'd just give anything to just make it stop. You become tired. You are past the point of sadness. Sleep is what you crave, sleep is what you need. Sleep is welcome. Sleep is a savior.

.
Depression is like this black abyss that just takes you in. It clings to you. It covers you in its thick blankets and does not want you to come up for air.

.
But, there is a light at the end of the tunnel. I promise you, that at one point, that thick blanket starts to thin, and streams of light start coming through. When that blanket starts to smother you, let those that love you lie next to you. Let them be your shoulder to lean on, let them catch the tears that fall, and yes, the tears will fall.

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But it's okay; I promise it's okay.

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There are people there who love you. There are people that will bring you up.

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Know that you do not deserve the pain; you do not deserve the darkness.

.
You deserve the love. All of it. Every single piece of it.

Rachel Bender says

This book was paramount to my faith & what I've been through in the last 3 years. It's relevant to everyone and it's written so beautifully.

Peyton says

"I'm not alone," I sketched in the margin of Hannah Brencher's second book, "Come Matter Here."

The TED speaker and webcast teacher shares her raw reality of anxiety, the fear of an uncontrollable future and the beauty within a Christ follower's darkest struggles. Small victory after small victory, Brencher unfolds simple ways to gain ground against the lies of the enemy. Not everyday is golden, but life is a process that Brencher embraces.

If you've ever felt that you've been stuck inside your head, that you can't escape your fears and negative thoughts long enough to remember to eat, wash your face or answer that important email, this book is for you.

If you think you've forgotten how to pray, like you don't recognize God's voice anymore because you can't remember the sound of yours, this book is for you.

If you just need spiritual encouragement for yourself, your small group, your coffee shop buddies or anyone else, this book is for all of the above.

"A lot of times, renewing your mind looks like sitting at a kitchen table and writing down verses about love until they seep into you, until they start telling different stories in your brain to trump fear. It's a process—a long and arduous process—but one you can trust" (p. 138).

Mary Kenyon says

I "met" Hannah Brencher through her letter-writing book, which I loved so much, I had to write her a thank-you note. Mutual letter-writers connecting through a common interest, she ended up writing a blurb endorsement for my book, "Mary & Me: A Lasting Link Through Ink," detailing a 30-year friendship linked by thousands of letters. I knew if I'd ever be lucky enough to meet Hannah in person, I would have introduced her as my young friend. When I heard she had a new book coming out, I had to pre-order it. When "Come Matter Here" arrived, I read it in one sitting, getting up only to refill my coffee cup and pull out a highlighter. By book's end, the pages were tear-stained. It seems my young friend and I had something else in common; an anxiety that could rear its ugly head to near-paralyzing proportions. And while my bouts of depression were postpartum-related, I recognized that too. Hannah is the real deal, her transparency endearing her to readers who appreciate an author who is brave enough to reveal the rawness of life. You matter, Hannah. Your words matter. You touch the very soul of your readers. Thank you, my young friend.

Erin says

I took longer than i needed to read this book. I wanted to slowly take it in. Hannah has a way with words, and an easy intentional way of bringing you in to her story. Come Matter Here is a book that anyone can both relate to and have speak in to their lives. So many ah-ha moments, about love, the church, and my relationship with God.

100% worth the read.

Ana Terpstra says

I'm so thankful to be apart of this book launching team! Reading this book has helped me accept my "now". To gladly and joyfully occupy the space that I'm in with openness and enormous gratitude for Jesus to do anything, big or small.

Lillian says

I was drawn to Hannah Brencher's work after watching her viral TED talk about sending strangers love letters. But what keeps me reading her blog posts as soon as they appear on my feed is her obvious heart for people as well as the grace and candid way that she answers reader questions. Therefore, it was a no-brainer that I would be excited about her latest book.

At the core, Come Matter Here is about investing in relationships and building community in an age that encourages putting your head down and working incessantly to get to the next level of success, so that we can be regarded as "important". Drawing from her experiences, Hannah shares with her readers how she was able to build roots in Atlanta, GA despite her struggles with depression and anxiety.

Like Hannah, I have been consumed by the meaning of "matter". She says:

For years, I was consumed by what it would mean to "matter" in this world. to people. To people. To someone special. To God. I used to think you needed to leave if you wanted to change your life or something different. I thought geography could heal the mess that comes from comes from being human- like a clean slate. We all want different things that keep us coming and going and staying and living...Be where your feet are.

Reflecting on these lines, I thought that maybe millennials have drunk too much of the "eat-pray-love" elixir and opt to find quick fixes through escapism. In most cases, they are fuelled by fear. Hence, they do not take time to process life's issues while seeking help from the positive people in their lives. Hannah digs deep into what aided her anxiety while still trying to be a normal twenty-something.

She gives readers glimpses into her life through excerpts from personal notes and quips her profound friends with the hope that they will be able to plug into the church community. (She definitely gave me #squadgoals.) The church does get a negative wrap for not being the most positive place in the world 24/7 365 times in a year. However, we gloss over the fact that the church is a community of flawed human beings who are seeking a relationship with a perfect Being. So there definitely will be bumps in the road while creating communal bonds while on earth.

Hannah encourages readers to ask themselves the following questions when trying to figure out who are you're supposed to hang around with:

- >Who do I want to be a year from now?
- >What hurdles do I want to overcome?
- >What am I good at and how do I bring that into a relationship?
- >How do I take care of people?
- >What do I value in myself and other people?

Come Matter Here is a book that will leave you feeling like you had a long enriching conversation with your best friend. A deep conversation that reflects on faith, friendship, mental health and life's pressures. As Jess

Connelly advises in the foreword, "I'd make sure you have three pens at least lined up to read this book. There's nothing worse than starting with one pen to make notes or doodle in exclamation marks and have to switch to another halfway through."

This is one of those books that you would purchase multiple copies to hand out to friends.

Olivia Alnes says

Hannah writes with an authenticity and heart connection that pulls you in and makes you want to stay in the pages of the book. I devoured most of the book and then slowed down at the end because I didn't really want it to end. It's a transformative sort of book, one that I'll be sure to revisit often whenever I need a reminder to live and love well.

She talks about faith and God in a way that is so down to earth and personal. She talks about mental health in a way that pulls at your heart and makes you say "me too" without feeling like you have too many details or there's nothing left that's sacred for herself.

Hannah is a gifted writer and this book shows her love for the craft of writing while seeking to serve readers instead of just being impressive.

I cannot recommend this book enough!

Leah Vogel says

A.MAZ.ING.

Hannah hits the nail on the head, over and over again. She speaks truth in confidence and love, and with the voice of a best friend, big sister, and straight-up preacher all in one. Cannot recommend this book enough.

Moriah Conant says

I started this book at 11:30 pm and could not put it down. I kept telling myself that I would go to bed after this chapter, but couldn't follow through.

Hannah's longing for roots and struggle to be vulnerable enough to form them is something I relate to. I know what it is like to have people close to you pulling you through an episode of depression, rooting for your life because you can't care enough to get yourself out.

We all long to be known and struggle to get there.

Hannah's advice to be the invitation when struggling with FOMO is something we all need to hear.

Community isn't instant and we will have to struggle through hard moments on our journey to find our people. Not everyone will choose to stay, but the people who do are still worth it.

Come matter here: an invitation to be known and to know others.

Kayla Hollatz says

I devoured this book in two days. I intentionally shifted around my work schedule so I could finish this book. I was lucky enough to receive an advanced copy from Hannah. As a fellow 4w3, I had so many passages underlined and it inspired conversations with God I needed to have. I love authors who can open up and share their truth so their readers can do the same. This is exactly what Hannah has done with this book. I'll be passing it along to many friends!

Destiny says

This book is phenomenal! It was hilarious, endearing, relatable and it exposed my heart. I highly recommend this for everyone, specifically for those who are struggling with what it means to matter and learning how to stay put instead of running to the next thing that we think will give us value.

I HIGHLY RECOMMEND :)

Jordan Finch says

If you're ever in need of a faith-based, realistic, straightforward pick-me-up, Hannah Brencher is your go-to girl. Her real-world experiences allow her to write about a wide range of topics with honesty and real advice, and her big heart helps her say it all in such an encouraging way.

Come Matter Here is Hannah's second book, and it focuses on finding your place in the world. So many people today have a tendency to run when things get hard instead of staying and working through their fears and doubts, and in doing so, they never get the chance to make a difference, either in the place they were meant to be or in themselves. Hannah addresses the need to build relationships and community wherever we find ourselves, not only to help us grow roots but to give us a group of people to just live life with. When we have people to support us and inspire us and guide us, we can open ourselves up to be the person God wants us to be without fear of judgement, and that's when we can truly make a difference.

Hannah also shares her struggles with anxiety and depression and how her desire to 'be someone' pushed her deep into the valley of despair. I can definitely relate to that desire to make a name for myself, but Hannah reminds me that no matter what I do or accomplish, I'll always matter to God. He'll always know my name and all my achievements--as well as my failures--and He won't love me any differently for having a lot of either. Instead, I should focus on doing what I can for the people around me. The best way to 'be someone' is to be someone who people can count on, to be someone who lifts up others and walks alongside them through all the ups and downs. We'll always be tempted to chase a dream somewhere else or flee from our troubles, but by building real relationships with the people in the place where we are, we realize that we can live and thrive wherever we find ourselves planted.

Come Matter Here is one of those books where you constantly find yourself saying, "Yeah, me, too." Hannah gets what it's like to live in this crazy, frantic world and need so much prayer to just get through the day. Her honesty and openness are a reminder that everyone is struggling with something, no matter how good they are at hiding it, and that even just a quick text or a call can make a difference in someone's day. In a world that teaches us to constantly be on the go, we must plant our feet and experience life where we are so that God can lead us to matter in the ways that actually matter.

Ashlee Gipson says

I am constantly amazed with Hannah Brencher's ability to put into words those feelings you thought no one else felt but you. She is a genius with words and makes readers feel seen and understood. Come Matter Here was nothing short of brilliant. This book tackles issues such as anxiety and depression as well as the various issues that are attached to being human. This story is for anyone and everyone who has found themselves craving something much deeper than what the world often has to offer and for those who want to know how to be better friends, better followers of Christ, and better people in general. I finished this book feeling encouraged and and renewed. I would recommend (and have recommended) this book to anyone I cross paths with. You will not regret purchasing this book. I am a long time follower of Hannah Brencher and she has truly been such a positive example in the media. Purchase this book if you want to have your life changed and support a phenomenal human being in the process. #ComeMatterHere

Sara says

Hannah Brencher is an author that pulls you into her stories and makes you feel like you're seen in a world that is constantly bombarding us with what the next best thing is. Come Matter Here is the next big step in her life story where she gets real about depression, love, faith, and staying even when things are hard. As a reader who is two years younger than her, all of her stories are extremely relatable and I've laughed, cried, and felt like I've received pep talks from the older sister I never had. She truly has a wonderful way with words.
