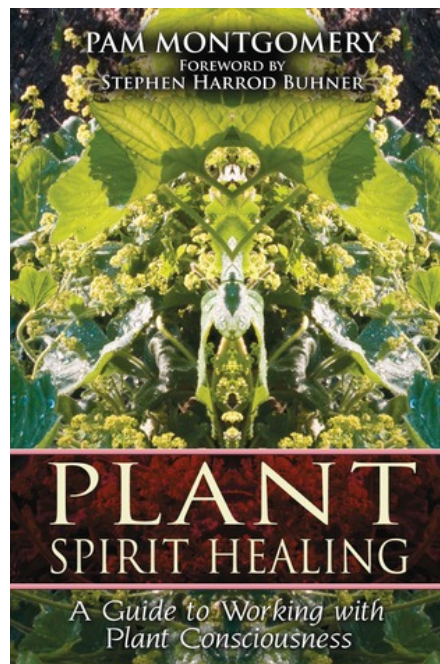




Plant Spirit Healing: A Guide to Working with Plant Consciousness

Pam Montgomery

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A hands-on approach to working with the healing powers of plant spirits

- Explores the scientific basis underlying the practices of indigenous healers and shamans
- Illuminates the matrix where plant intelligence and human intelligence join
- Reveals that partnering with plants is an evolutionary imperative

Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light, sound, and vibration. Now scientific studies are verifying this understanding. *Plant Spirit Healing* reveals the power of plant spirits to join with human intelligence to bring about profound healing. These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature. Plants are more than their chemical constituents. They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place.

In this book, herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing. She offers a process engaging heart, soul, and spirit that she calls the triple spiral path. In our modern existence, we are increasingly challenged with broken hearts, souls in exile, and malnourished spirits. By working through the heart, we connect with the soul and gain access to spirit. She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution--a stage of growth imperative not only for the healing of humans but also the healing of the earth.

Plant Spirit Healing: A Guide to Working with Plant Consciousness Details

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From Reader Review Plant Spirit Healing: A Guide to Working with Plant Consciousness for online ebook

Melissa says

An amazing book. I loved it, and have a list of things to do, as well as a shopping list :)

Rebecca Yaacov says

Great book. It really emphasis the importance of nature to our survivor. It has great stories and enlightening notions.

Anji says

Gives you a whole new way to view plants and the living things around us that are not human or animal. The wisdom held in plant life is greatly appreciated by those willing to see beyond the tangible. I always wondered how people in the "old days" figured out which plants/herbs helped cure what ailments. I finally understand.

Debi says

It touched my soul!

Spider Goddess says

I really loved this book. The author takes the time to carefully explore the topics in depth. This book goes into great detail citing more than just anecdotal information. I recommend it to anyone looking to work deeper with plants

Giovanna says

This book is good-ish. I was reading this for the plant spirit healing part, which I thought would be the bulk of the book due to the title, and am quite disappointed in the information presented here. The plant spirit parts seemed limited in both quality and quantity. The plant spirit information seemed to be mostly stories which read like testimonials rather than disseminating information.

It would have been easier for me if I'd have gotten my feet a little wetter with this book instead of after I read two other Plant Spirit books in the last few weeks.

That said, considering I've been doing energy healing for many years I felt that much of this book was old hat for me because much of this portion of the book was based on my studies and knowledge and practice.

Jessie says

* Didn't finish *

I like some of the ideas in this book about the spiritual illness of the culture at the moment. Unfortunately there are so many factual errors in this book - the notoriously speculative idea that DMT is manufactured in the human pineal gland presented as an interesting scientific fact, a very famous quote by Marianne Williamson incorrectly attributed to Nelson Mandela....etc.

In researching quite out-there subjects I always want to make sure my guide is grounded and intellectually rigorous, and I wasn't convinced the author was. I was really troubled by the sloppy science because it suggested she just accepted things that she was told without questioning. For me, this undermined her authority so much that it made me wary of absorbing any further information from her book.....so I stopped reading it.

However, I did appreciate the author's bravery in considering how we learn from plants, and the idea that we can interact with the consciousness of a plant (for example, in ingesting a psychedelic plant). I thought it was really commendable that she stood by what she believed. The idea is not normal in our culture, and it may well be correct.

Kim says

Pam's writing style is fun and information packed. I really enjoyed her theories and stories to back them up.
