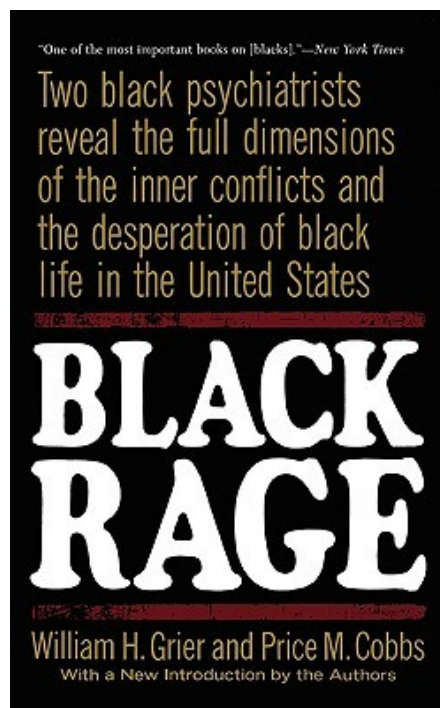




Black Rage: Two Black Psychiatrists Reveal the Full Dimensions of the Inner Conflicts and the Desperation of Black Life in the United States

Price M. Cobbs , William H. Grier

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The first book to examine the full range of black life from the vantage point of psychiatry, this widely acclaimed work has established itself as the classic statement of the desperation, conflicts, and anger of black life in America today. *Black Rage* tells of the insidious effects of the heritage of slavery; describes love, marriage, and the family; addresses the sexual myths and fears of blacks and whites; chronicles how the schools fail the black child; examines mental illness among black people and the psychic stresses engendered by discrimination; and, finally, focuses on the miasma of racial hatred that envelops this country, why it exists, and what will surely happen if it is not soon dispelled.

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From Reader Review Black Rage: Two Black Psychiatrists Reveal the Full Dimensions of the Inner Conflicts and the Desperation of Black Life in the United States for online ebook

Mike Keane says

i found black rage still relevant to race and also class in 2008. i haven't read case study blurbs like this since taking psychology classes in college; the format - extrapolating social truths and psychological conditions from real studies is both informative and even somewhat entertaining.

Mary says

some powerful shit. everyone in the universe should be reading this.

Sarah Hannah says

Read 8 1/2 of the 10 chapters of this book for class. Never had a chance to finish the rest, and now I'd rather read other things. This was an interesting book, though I fail to see what makes it a psychiatry book, because it seems more like plain psychology (not a lot of mention of medicines). At times I felt taken aback by just how Black Nationalist it was, and also how it literally views the US as only black and white, but that's appropriate for 1968, when it was written. I'd be interested in seeing each chapter re-examined and re-written for now, where the US concerns itself with three colors: black, white, and "Mexican" (meaning, to most Americans, anyone brown who speaks or should speak Spanish). It was disheartening to see how much of the problems outlined in the book still exist today, and how little we've moved forward since slavery or since civil rights.

Suave Marve says

great book.....for the 1st time 2 black psychologists delve into the mind of African Americans and the issues/situations that have psychologically impacted them generationally.....this book should be studied!

Miriam says

Caveat: I didn't (couldn't) finish the book, which is highly unusual.

There is no systematic analysis of what differentiates the black experience from white experience. The book is a series of case studies. Anytime a patient discusses rage as a result of being black, the authors note that the experience isn't entirely unique to the black community, but then fail to explain why the trauma arises out of being a visible minority within a dominant white culture.

I was hoping for better.

richard says

I read it when it was published in 1968 and thought it was very good. Made a strong case as to why Blacks ought to be angry. Thought about it today when reading another book, The Art of Freedom. It must have made an impression. Had to add it to my list of books.

Latasha says

This reads black life but my book has black man's life in America.

IamBeLewis says

Black Rage by far is one of the most important books for The Black Person in America, for many reasons:

1. It provides some well needed understanding of the context in which Black Rage is experienced in every Black Person in America
2. It affirms the internal process in which every Black Person in America undergoes as they experience being born and living in a nation that despises Black People.
3. It covers everything from Education, Parenting, The Work Place, and many other settings and experience, in which Black Rage is experienced.
4. Black Rage elaborates on some of the cultural norms of Black Society, that has deep roots in racism, and the oppression that later on continued in The Jim Crow and New Jim Crow Eras.
5. And lastly, It's a strong resource for building a consistent argument against members of this nation, who argue numb to the fact that racism is alive today, and that the problem with Black peoples is that we are too quick to throw "The Race Card".

With those 5 things, I would strongly recommend this book to every Black Person around the world, but more importantly to White People. For White People, it can give you a much more insightful understanding as to why it is a social norm for Black People to hold little trust in White People, as Strangers, Employers, Teammates, Family Members, and friends. The roots are in racism, but the racist institutions that survive today, are what keep this social norm of mistrust from Black People of White People so relevant. So I would recommend this book to everybody as a valuable piece for you to read and keep in your family library. Thank you William H. Grier (RIP) and Price M. Cobbs for this insightful read! - Monk

Sarah says

I read this quickly when I was in grad school and wish I had written a full review. It will have to go back on the "reread" list. What has stayed with me is the question that Cobbs famously asks, "How do you tell the difference between a sick man and a sick society?" As a therapist, this question lives in me and works me fully, wherever I go and with whomever I sit.

Jahlisa Ruggs says

sexist.

Rafael Suleiman says

A great treatise on the state of Black psychology.

Rich Wertz says

It's interesting that the book takes place a scant half generation in the past and yet the dynamics of society have changed so much for Black Life- so much so that the book almost seems out of date. But it provides a definite reference point for examining the evolution of minority life toward its present state.

Gayatri says

I read this book within 3 days, and I never read books that fast. I had stumbled upon it at a local used book store where someone must have donated it.. and I just could not let go of the pages. I kept thinking about my black boyfriend and how understanding is incredibly important when in a relationship with a black person, but additionally when living in a society surrounded by ANY amount of black people. Regardless of if you're in an interracial relationship, are black yourself or neither, this book has touched my heart in a way no other book was able to. I think about it constantly, even months after finishing it.

It has crazy intense passages of black people's experiences and constant paranoia, though from the 60s, and detailed explanations of where they are rooted. I feel that the Black American experience is hard to understand without this book, and every liberal, social worker, advocate AND RACISTS need to be enlightened from the words of this book.

Throughout reading it, I could literally feel the fear and anger piercing the hearts of blacks even to say, and its sad to say this book is STILL entirely relevant in mid-2018. I pray that will change, and this book has taken the step in the right direction for it.

Chris says

A very interesting read, although slightly dated by its references and late 60's culture. I say slightly dated because some of the points made are still very prevalent to this time and bear attention. I definitely recommend this.
