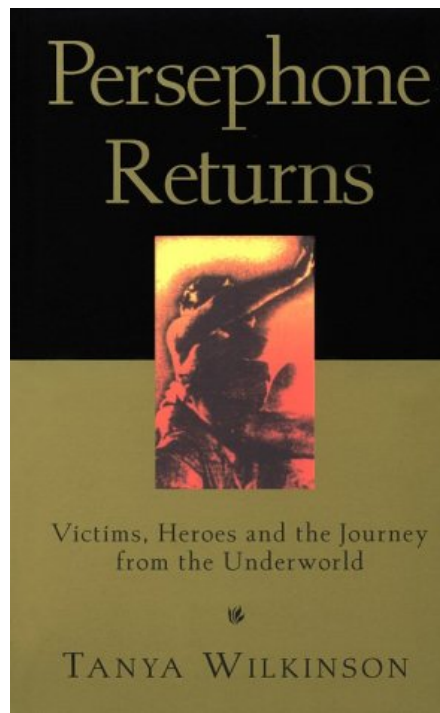




Persephone Returns: Victims, Heroes and the Journey from the Underworld

Tanya Wilkinson

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Persephone Returns: Victims, Heroes and the Journey from the Underworld Tanya Wilkinson

Jungian psychologist Tanya Wilkinson takes a balanced and compassionate look at the issue of victimization. In an engaging and entertaining style, she explore myths and fairy tales involving victims and heroes and encourages individuals to reach a new level of spiritual and emotional maturity.

Persephone Returns: Victims, Heroes and the Journey from the Underworld Details

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From Reader Review Persephone Returns: Victims, Heroes and the Journey from the Underworld for online ebook

Heidi Garrett says

This is a fantastic book, exploring the Victim Psyche. It uses Persephone's story and several different fairy tales to discuss how the Victim Psyche develops, why it persists, and how to move beyond it. What I love about the book, is it really breaks down and simplifies principles of Jungian depth psychology, making it very accessible. This is a book I will re-read (I have already re-read some of the chapters) and will refer to. One of the other things I really enjoyed about it, is how it addresses the collective/individual axis of responsibility when it comes to victimizing and being victimized. No matter how much we fight injustice in the external world, if inner wounds are not integrated and healed, we will never recover our strength or true passion for living. A truly wonderful book! Highly recommend if you want to live a little deeper and closer to your true self!

Linda says

Wow, it turns out that my life IS a fairytale. A twisted one, but a fairytale nonetheless...
