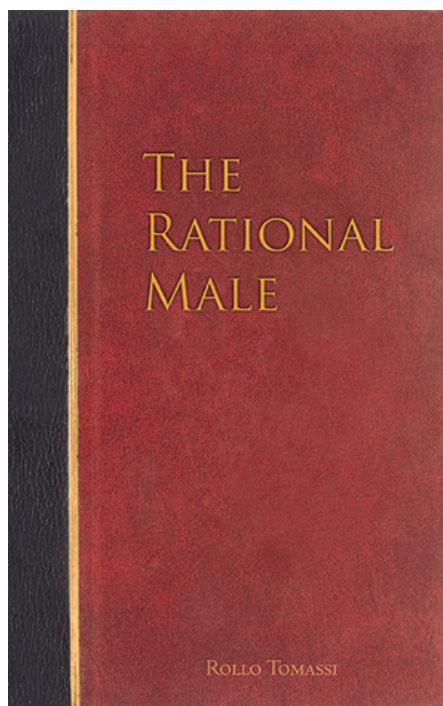




The Rational Male

Rollo Tomassi

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The Rational Male Rollo Tomassi

The Rational Male is a rational and pragmatic approach to intergender dynamics and the social and psychological underpinnings of intergender relations. The book is the compiled, ten-year core writing of author/blogger **Rollo Tomassi** from *therationalmale.com*.

Rollo Tomassi is one of the leading voices in the globally growing, male-focused online consortium known as the "Manosphere". Outlined are the concepts of positive masculinity, the feminine imperative, plate theory, operative social conventions and the core psychological theory behind Game awareness and "red pill" ideology. Tomassi explains and outlines the principles of intergender social dynamics and foundational reasoning behind them.

The Rational Male Details

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Author : Rollo Tomassi

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From Reader Review The Rational Male for online ebook

erjan avid reader says

This book has so many interesting points that i will review it section by section:

Oneitis - very detailed explanation of how oneitis is social construct and how it influences men behavior.

Alphamale - that part i did not get completely, english is not my first language, so i could not get the main point; it seems rollo advocates that alphaness is already built-in every boy, we simply unlearn it and instead start acting the misguided way the society forces us into. It is unclear if alphaness is mindset alone or both mindset& genes(nature vs nurture)

Every man has some concept of game - however poor it is, even most pathetic betas have it; only it is inefficient and based on many insecurities. This statement was well delivered to readers!

I did not fully understand all of the material in the book. I would say, the book is too analytical, it s not 'how-to' guide!

This book is more about society beliefs installed by feminism into mindset of men. How it happened and how even women operate with it. It is a very deep account into AFC mindset and the mechanics of it. Rollo has great analytical skills - for most feminist beliefs he is right !

Hypergamy - very honest and brutal, it is a very important statement - 'no matter how much you invest into relations, your wife with 4 kids fully supported still can go for better man'. I have my own personal examples.

Short term(fuck the alpha with good genetic) strategy & Long term (find a good beta husband to bring money) - i already read about this in another book by Oleg Novoselov; and it is exactly the same point:

when a woman's value is high(20-25), she is most attractive, she is looking for highly competitive alpha guy - to get good genetic(but not good provider for kids)

when woman value goes down, she hits the wall after 30-35; she starts looking for good provider, good husband who will care better for kids.

and she can still bounce between 2 strategies after the wall- if circumstances allow!

The best situation for a woman is to get good genetic & get good stable provider afterwards! But very often one man is not combination of both. This is the mechanics & motivation of cheating with alpha -> living with good beta stable husband happens.

Reading this book was hard for me.

Jeff Finley says

I finally read some stuff from The Red Pill without getting triggered. Before I would cringe at all their acronyms and apparently anger-based discussion around male-female relationships. But the more I learn and the more I heal my own inner alpha-male, I can see the truth and humanity behind what the "manosphere" has to say.

The Rational Male is a seminal book if you want to understand where a lot of men are coming from these days. The "positive masculinity" movement is a reaction against Feminist culture (or what they call the Feminine Imperative, or "girl-world", that has left many men feeling like they are demonized for being men. This book, along with The Red Pill and other Manosphere material is like the boys locker room or a surrogate father figure trying to coach men without catering to the voice of the feminine.

What you get is discussion, theory, and philosophy behind attraction, relationships, love, desire, and personal growth. This book will trigger you. It will reflect back to you your own judgments. You will probably hate it. And that's exactly why I think you should pay attention. What you hate says a lot about you. How can we all come to a more holistic understanding of each other? How can we build better relationships and partnerships between men and women? This book doesn't exactly offer a solution, but does provide a very masculine perspective in a world where feminine traits are becoming more dominant. I believe in the end we will become more balanced humans, and this is just part of the story of our evolution.

Ori Drory says

I revisited my review on this book and I am giving it 2 stars.

It's a book that promotes unhealthy relationships. It never talks about a healthy relationship with yourself. It only talks about how you can use the external world of women to boost your ego to a point where you can feel secure in your skin.

It doesn't teach you a thing or two about becoming a healthy human being.

edit: Since this review is being read I would like to spread some awareness. I read this book 3 years ago and since then a lot of learning about relationships have ensued.

We men are deprived from emotional support from a very young age. As little boys we stop getting smiled at, we stop being treated as kids with the phrase; "man up, big boys don't cry" this can happen as early as age 5 or 6. A time in which we are still very dependant on emotional support.

this creates an emotional black hole of un-met needs and desires of emotions. That's why we sometimes crave women so much, because they have a more healthy emotional system. they get support from their girlfriends, they get smiled at more often, and listened to.

whereas we men, to console each Other we help each Other with numbing the pressing pain of that void by, for example, Alcohol, or watching sports.

This book is so bad in that it tells you to go and get all the women so that you finally may think you're

enough. That you may finally feel 'alpha'. Yet In that journey there is only strife. It's a place where women will not feel safe around you, nor men. Nor will you ever feel safe around them, because It's a single winners game, which means everyone else is a loser. And lest you want to be in the loser group you always have to be on edge.

A book like this basically keeps you in a forever loop trying to fill that void by covering it up with layers of tricks and manipulations. External world adaptations for your internal problem.

But that's not what eventually gives anyone a healthy and sustainable relationship.

This emotional black hole problem is universal in all men. (A few exceptions here and there) All of us have experienced this lack. Women haven't experienced this and so they cannot hear us, or share our vision on this.

A more healthy approach is to take care of your emotional black hole with other men. Because they will understand you. Take the time to really listen to your brothers and open up. Soften, hug, cry. And when a brother does that, give him a safe space from understanding. It's crucial to not try this with women around because they do just simply NOT understand what It's like.

When you have taken care of your emotional needs you can meet a woman on equal grounds. Your 'needy' dissolves instantly and you'll be able to fully embrace your inner masculine side because It's supported by your own inner feminine.

It will stop the need for us all to always chase and want women's attention. It will make you a man who's attractive, whole and grounded. A force to be reckoned with.

Aleksandar Mišević says

Few books make you a better person. This book belongs to that elite category.

This book is essentially a collection of essays that explains why our society functions the way it does, down to the very minutiae we take for granted. The topics it covers are vast, and controversial, but it's all here. Everything from the dynamics of human relationships, sexual strategies, how to go about improving yourself (and why it matters), to how the reality we live in has a very obvious female-centric bias. The latter is particularly a salient point once you begin reading between the lines. For example, have you ever seen a positive masculine character in a sitcom? Homer Simpson seems to be the archetype, while women are the ones that have to put up with these doofuses.

Be warned, though, you can't ever unread something like this. And once you do, you won't be able to go back to seeing the world as you once did before.

I've been reading Rollo's blog for years now, so having a collection of his essays in a hard copy feels great. If you're a fan of his works, I recommend ordering a personal copy. If not, I still recommend reading as the points made are very likely things you've never thought about before.

Tomas says

First, I've just recently started my foray into understanding and grasping the differences between men and women, and accepting them as such, as differences. Not inherently good or bad unless we use them in that way.

Having had my eyes opened by books such as Robert Glover's "No More Mr. Nice Guy" and exploring a modern primal lifestyle (which looks to our ancestry in order to find a basic framework for good health and contentment in our modern life), I expected a similar experience buying this book.

I was quickly disappointed. I couldn't keep reading past the first few chapters.

Early into the book, I noticed an overtly pseudo-academic tone with little to no preamble into the areas it was meant to discuss. What I got was a long-winded rant which somehow painted women out to be almost a conspiratory group leading men by the nose (completely ignoring the fact that women has had a subordinate position in pretty much any country throughout a great deal of our history), while somehow managing to excuse the men as helpless victims of their libido.

There are biological differences between men and woman, yes, and they most likely affect how we interact with each other. These observations should be studied and understood. But this book fails to do so convincingly; there is a not-so-subtle undertone of a hurt man who seems to focus mainly on the hidden, female agenda instead of looking at himself. Pointing a finger at how others behave or should behave is easy; but remember, that everytime you point a finger at someone else, three fingers are pointing right back at you.

First time I deleted a book from my Amazon account.

Austin Dobrik says

Probably one of the most interesting texts on gender relations and sexual strategy. Ever since I read *The Game* I have been interested in "seduction" but generally I thought the methods were strange or crass.

This book lays out why the initial PUA movement was able to have success but also digs a level deeper and tries to explain why many women act the way they do when choosing partners. I would highly recommend to all of my male friends who want a different perspective on dating in the 21st century

Anthony Pacheco says

The Rational Male is the marriage (see what I did there) of evolutionary psychology and basic philosophy, which is a refreshing change of pace. Normally with a text that dives into inter and intra-gender relations you get the opposite of some author making an assertion and then lip service to actual reality.

Not so with *The Rational Male*, with one of the better explanations and analysis of hypergamy ever put to words. Far from being academic, the book is both insightful, critical, and practical.

If you have an earlier Kindle copy be sure to replace it with the updated version which corrects most of the prior formatting flaws.

Devoid of an agenda, *The Rational Male* is the definitive gateway drug into understanding intergender relational attributes. This is an analysis that you read every year.

Absolutely recommended.

Saharra George says

Tomassi's writing is essentially an imitation of what he thinks academic language sounds like. He appears to have bought into the myth that the use of jargon adds legitimacy or some form of enhanced truth to the subject matter being spoken of (either that, or he is cleverly exploiting the myth on whatever depressed males are buying into this).

At the end of the day, he has constructed an elaborate fiction of a world that doesn't exist, and convinced people they must engage and do battle with the fictionalized women within it. I suspect that the result is a small segment of emotionally vulnerable males attempting to manipulate (or successfully manipulating) a small segment of emotionally vulnerable females, while carrying the belief that this microcosm represents some sort of bigger picture about how the rest of the world behaves.

I didn't realize 'pseudo-sociology' or 'pseudo-anthropology' was a thing until my curiosity got me to slog through some of this endurance-test masquerading as insight. I think the saddest part of all this is that Tomassi speaks of adult married life as if he is some sort of authority despite probably never having participated in it, while his very young followers are destined to develop very strange ideas about the opposite sex.

Traci says

I am not sure that my opinion of this book will "count" since I am obviously too female for the target audience, but what the hell.

I took a journalism class once and was told not to use a two-dollar word when a ten cent word would do. That's a common rule.

If you follow that rule, I'm pretty sure the author is throwing around twenties in an effort to make this book sound way more intellectual than it really is.

That's all.

Wesley says

Content is great; it's very thought provoking, to the point of headache-inducing. I think all men in America should read this book and get familiar with the concepts within. That being said, it really could use more editing. There are a couple typographical errors, and this book would greatly benefit from a glossary and index.

Phil Sykora says

There are definitely some interesting ideas in here, but what detracts from those ideas are the constant typos, misspellings, and unnecessary, occasionally misused jargon that occur every few pages or at least every chapter (one example: the "Afterward" at the end of the book). Small things can ruin an author's authority. You can imagine that's pretty damn important considering they come from the same root.

Also, I'm let down by the lack of raw scientific data to back up Tomassi's claims. Instead, he spends a lot of time tearing down each and every argument that could possibly oppose his main assertion that the "female imperative"/Feminism controls sexual dynamics, most notably by romanticizing serial monogamy and hypergamy. He does this in much the same way that a cult leader publicly and preemptively devalues his possible detractors in order to inspire unquestioned obedience (i.e. in even *writing* a critical review I must be a beta male AFC who is so hopelessly brainwashed by feminine social conditioning I have no hopes of ever reaching true self-actualization or, to borrow Tomassi's/The Matrix's metaphor, take "the red pill"). See what I did there?

Don't believe me? Case in point: Iron Rule of Tomassi #6 ("Women are utterly incapable of loving a man in the way that a man expects to be loved"). He says his rule "accurately expresses a pervasive nihilism that Men must either confront and accept, or be driven insane in denial for the rest of their lives when they fail to come to terms with the disillusionment." This line of thinking underlies most of his claims. It's Tomassi's way or the highway.

Of course if I even so much as *ask*, "Where's the evidence?", if I demand more than anecdotes and speculation, I'm a "plugged-in beta" holding onto a "Disneyesque ideal." No reader should put up with that type of evasion.

For the most part, though, it's an interesting read. Some of that scientific data might not be in the book because it doesn't exist yet. Books like these with followings this large are what inspires those studies to be done. Sometimes. I'm being hopeful.

I just get a little pissed off when I spend money on a book and the author didn't even bother to hire a proofreader.

Still, when Tomassi takes a woman's unrealistic dating profile and "masculinizes" it in order to illustrate the relative social acceptability of overblown female standards vs. male standards, that's interesting. "One of the best ways to illustrate how insaturated feminization has become in society is to flip the gender script on certain gender-specific dynamics." The best part occurs when Tomassi starts receiving messages from women on the dating site informing him that his standards are too high, like that's somehow their duty even though most of them said they weren't interested in him anyway.

Gerry Beane says

There are very few books that once I start reading I refuse to finish; this is one. An acquaintance loaned me this particular book when I expressed an interest in philosophy. Apparently our ideas of the meaning of philosophy are a bit different. The author's primary hypothesis is that it is important, no necessary, that men maintain a position of power in male/female intimate relationships. This book is a poorly camouflaged version of "how to get women in your bed - and keep them there". It reminded me of the obnoxious character played by Tom Cruise in the film Magnolia in which he leads high-priced seminars for (losers) men on how to pick up women. This type of approach when presented to impressionable young college age men will merely continue to support the sexist conditions of today's society. Too bad I can't give zero stars.

Addendum: The couple of guys who responded to my review actually proved a number of my points. Their sophomoric responses epitomize the pretensions of the book. For example “Cemore”, (perhaps an homage to Seymour Butts of porn director “fame”? - his hero?) his first response in his “blistering” takedown of my review is to LOL me. Then he immediately asks how many women I have been with; as if that determines my right to rate this piece of garbage being foisted off as dating advice for young men. Then, of course, to establish HIS superior “alphaness” to me, he claims to have “been dating some of the most beautiful women there are in the last 18 years”. Wow! He really put me in my place with that statement. But, in reference to whether a man should ever ask a woman what restaurant she would prefer for dinner - hint women HATE being asked their opinions - he really “drives it home” (a phrase I’m sure he’ll especially appreciate) by saying “It’s not sexist if it’s true”. OMG! I couldn’t believe someone would have this opinion in the 21st century, let alone commit it to print in a public forum! It is more appropriate written on the wall of a cave! He goes on to say “Women don’t want control if [sic] nor the power in a relationship.” He goes on to say “...and I’ve read it all.” referring to there being no proof in existence that women want any kind of power. This, he says, “put the nail in my beta coffin for good” alluding to his now alpha maleness after having read “The Rational Male”. I would suggest some further readings for him if I thought it would do any good - it won’t.

The other chauvinist review was pulled by the author so I am unable to respond to it. But suffice it to say that it rambled on in a similarly junior-high-school-hormone-fueled rant.

Whiskey Hammer says

A reviewer over at Amazon said it better than I ever could.

"The Rational Male is an easy to digest set of essays that essentially tune men into the real dynamics of the sexual marketplace, and the cultural/political forces surrounding it. It's easy to see when reading it that the author's primary intent is to educate the average guy about his potential, options, leverage and best strategies when interacting with women. It's particularly valuable because it does an excellent job of explaining women's sexual and relationship strategies, and some of the most common social conventions used to leverage guys into acting against their own best interest in their relationships without them even realizing it.

If you read and appreciated books like Men on Strike by Dr Helen Smith or The Myth of Male Power by Warren Farrell, you will probably enjoy this book as well, because although they cover different subjects they frequently touch on similar themes.

Some of the most interesting writing for me was on the topics of female hypergamy, the nature of Alpha and Beta men, the typical guys belief in relational equity, women hitting the wall, and the changing power dynamics between men and women as they age. It's all easy to understand and digest, whilst still prompting the reader to think in a variety of directions about the connections and consequences of the ideas put forth. In short, it's stimulating and energetic writing and I've never come across anything quite like it before.

It takes great courage to write a book like this in today's PC culture, but it felt to me as though the author really had the best interests of the average guy in mind when he wrote it. I also felt he was very honest in his communication. I really appreciated that, and I'm recommending this book to all my guy friends. Keep up the great work Rollo, looking forward to the next one." - Maya

Sam Klemens says

Mind blown.

David says

It's a bad book. It's brimming with hurt and pain. Nobody will like to read this book. Finishing it and giving credence to the book, I walk away from it differently. It will turn green boys into hard men. Rollo is tough as iron. He words have no sheen. Like I said, you'll hate reading it at first but you cannot turn away. It is something I think men should read and discuss. This is one of the truest and most challenging reads I've ever read. I award it no stars but I award it special commendation on my book shelf and in my mind. These words should be enough.
