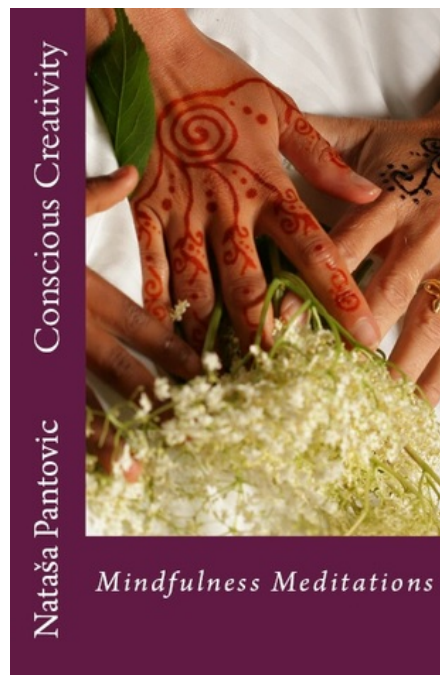




Conscious Creativity; Mindfulness Meditations (Alchemy of Love Mindfulness Training Book #7)

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Mindfulness Meditations and Creativity. It was during the Renaissance that creativity was first seen, not as a matter of divine inspiration, but as a gift of a great learned man to imitate God's ability to create. "Our soul whispers to us constantly. When we understand the power of conscious and subconscious mind and the way the soul communicates with us, we can help ourselves enter the creative flow. Developing both Left and Right Brain could be essential for Creative Thinkers of our Future. To purify mind we start with the consciousness that the energy follows thoughts. It is important that we free ourselves of negative beliefs and thoughts, stop gossiping, judging or criticizing and that we work on developing the creative force within us." Nuit Creativity Mindfulness Meditations explore prayers from around the world, meditation techniques, and mindfulness exercises. Spiritual not religious personal growth tools.

Conscious Creativity; Mindfulness Meditations (Alchemy of Love Mindfulness Training Book #7) Details

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From Reader Review Conscious Creativity; Mindfulness Meditations (Alchemy of Love Mindfulness Training Book #7) for online ebook

Mario Johns says

the power of meditation and prayer is immense. I use this book to remind me of various meditations and prayers used by different cultures to communicate with God. The collection of meditations and prayers is inspiring and precious for anybody on a spiritual path. 99 pages of wisdom. thx for that!

Nataša Pantovi? says

Conscious Creativity tools. Mindfulness meditations how to and prayers

Aurora Zora says

Book about meditations and prayers that took me into a different journey. We often get carried away with "things" to do and have no time for meditations and prayers. Nait gave me an opportunity to detach and devote some time to my soul. Loved this bit! Will return to it often.
