



Deep Conversion/Deep Prayer

Thomas Dubay

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Fr. Thomas Dubay is one of the most popular and respected retreat masters and spiritual directors in the USA. He is the author of the perennial best-selling book on prayer and contemplation, *Fire Within*. In this book, he responds to the call to priests by both Pope John Paul II and Benedict XVI to help believers and all those interested in spirituality to develop a deeper prayer life and union with God.

As in his other popular writings, Dubay's style is profound and meditative yet clear and readable. He gives an overview of the spiritual life and journey for anyone seeking to grow in the love of God and neighbor. An expert on the teachings and writings of the two great mystical doctors of prayer and the spiritual life, Teresa of Avila and John of the Cross, Dubay gives solid practical advice for a deepening moral and spiritual conversion, and a radical growth in holiness.

Topics covered in depth in this book include:

The Radical Conversion Relevance and Motivation Conversion and Genuine Love Degrees of Depth
Remarkable Resistance Called to the Heights Sure-fire Program

Deep Conversion/Deep Prayer Details

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From Reader Review Deep Conversion/Deep Prayer for online ebook

Michael Paul says

I think I have some work to do...This is a great easy to read no-nonsense exploration into what it takes to go from good to great (saint) in your life. It assumes that you have made the long journey from a life full of sin to a place where grace can now operate. GREAT! Now what? Well here it is, this will answer all those questions of what do I need to achieve perfection as our heavenly father asks us to. You will either grow tired of this book quickly and say forget it, life is fine or make the trek which requires us to do something. My wife and I will read this together, make highlights, read each others highlights, create notes for ourselves, check back in on our plans and truly examine our lives. This book will be around the living room table a long time. I can't say it's fool-proof as there is a commitment involved to follow the formula but there is no question in my mind, if we follow we will become better people. Freezing myself as a statue is not an option as it equates to being a worse person just the same. I want to make the right choice.

Sandy says

A good book. I'd like more practical advice rather than philosophy. Dubay's writing style is repetitive, but the information is good.

Stef says

started a blog conversation with a friend who's reading the book along with me:
<http://www.andthesethygifts.com/2013/...>

Aimee says

A simple yet profound study. I love everything he writes.

Hernande Nelson says

At the beginning I really struggled to get into this book. It's simply written with practical advice to further notable growth in our daily and spiritual life. The second half, more than made up for the slow beginning.

Jen says

Did you think it was impossible to become a saint? You won't after you read this!

The gist of the book is that in order to be happy and fulfilled, we must continually grow deeper in prayer and deeper conversion. As we are better in communion with God, we become the beautiful and happy people God created us to be, becoming a light that will ignite others as well- our families and beyond. He tells you step by step why we should and how we can go about starting this today in an inspiring and persuasive style.

Brief, direct, to-the-point, and broken into easy steps (i.e. a chapter on the "surefire program" for sainthood), this is the best book on how to get started on getting closer with God! Not filled with poetic language, but focused on simplifying the confusing path to growing in prayer life and conversion. Written by a knowledgeable Catholic priest and spiritual retreat master with spiritual direction experience - he even wrote a book about spiritual direction called the Fire Within, based on spiritualities of St. Therese of Avila, St. John of the Cross. These are also direct and to the point.

Go light that fire!

Leo says

Reading this book and doing what it recommends will render psychiatrists and psychologists largely unnecessary. It will bring peace to an individual and thereby a family, a nation and a world by loving God instead of self.

It's a practical guide to choose the right city in The City of God.

John says

I got this from my Formed app for free.

Well worth a read. How can an okay Christian become good then better then best? He relies heavily on scripture.

He tells us that most of our problems come from not living the gospel. I will read again.

Ann Yeong says

"There are more people converted from mortal sin to grace, than there are religious converted from good to better." These words by St. Bernard of Clairvaux struck Fr Thomas Dubay the first time he read it, and his many years of life experience and directing sincere disciples in the spiritual life has convinced him of the truth of it - not only about religious, but for Christians in every vocation and state of life.

The essence of this book is in its title. It is about conversion - not just initial conversion, but deep and total conversion, and the deep prayer life that necessarily precipitates and sustains deep conversion. What I find unique and appreciate about this book is the way Fr Dubay shows how deep conversion/deep prayer affects the quality of our relationships with people, especially within marriage, family life, and religious life. Fr Dubay writes succinctly about the difficulties we face in growing beyond an initial conversion experience, provides us with a list of compelling motivations for deep conversion, and gives us a simple yet powerful "program" that would help sincere disciples keep growing intentionally towards greater sanctity.

This book is only 124 pages in length and is written in an accessible, conversation-like tone. I recommend this book for anyone who desires to become more than a lukewarm Christian and who is looking for inspiration and guidance. This book would also serve well those who have had conversion experiences in the past, but who find that they have stagnated or back-slided, and are in need of inspiration and guidance to keep running the race to the finish.

The only reason I don't give this book 5 stars is because I wished Fr Dubay could have written on some of his excellent points in greater depth. After finishing this book I am left wanting more. Thankfully, I can always re-read his other (better known) books "The Prayer Primer" and "Fire Within"!

Acenith Claassen says

While I love and wholeheartedly agree with the overriding premise of the book, which is that our lives should be a continual conversion and deepening of faith. I found that sometimes the author breaks away from what I personally understand to be fairly hard and fast understandings of what being a Catholic Christian is. Some of his notions actually seem to contradict at least my own understanding of our Catholic faith. Overall it was a thought provoking and interesting read.

Andy says

A book I will read again, explaining the need for deep conversion and deep prayer in our lives. My plan is to come back to this review at a later date after I try to implement the ideas this author has shared.

Ingrid Pera says

Love Fr Thomas Dubay. Fire within is one of my favorites. Although this takes some of his thoughts and writings from Fire within- this is a great addition to his body of work on conversion and living a life of holiness. So many great explanations on why one should commit themselves to a life lived in holiness. This book will make you aspire to greater heights in your faith journey. Read this along with Fr Gaitleys 33 days to merciful love and you are sure to progress and get out of one of the many Spiritual plateaus that we hit in life!

Margaret says

Clear, concise, straightforward

I recommend this book to anyone seriously wanting to more act as a loving person toward God and others. The burning question after reading this book is how one can deepen one's love of God through praying as we ought. How do we do pray as we ought? Without loving the God who loves us we can no more carry out the author's program than we can bring ourselves into being.

Victoria Claire says

Fr. Dubay's writing appeals to me. I think he is a very analytical thinker, so everything he says makes a lot of sense. Not only is he analytical, but extremely sincere, and he draws constantly from the wealth of the Gospel and the richness of the lives of the saints. He weighs his arguments carefully, and ultimately he can't get around the simple truth that the Gospel and the lives of the saints clearly tip the scale. He is also very practical, and I always find that reading his book a second time, I get WAY more out of it, as I experienced with his book *Happy Are You Poor*. The second time through I felt that I grasped the practical advice he gave and could really apply it, and the first time was mostly just understanding and agreeing. I feel it may be the same with this one. My surface-scratching reading introduced me to his very convincing and practical discussion of why it is important for us to not be lukewarm in our faith but to pursue higher degrees of holiness, as is all our calling. While other books may be more inspiring through the means of sparking emotion, Fr. Dubay's words and insights have such common sense practicality in application and soundness in reasoning, that for me it is a delight to read and a compelling inspiration. I hope to read it again soon and take it to prayer so that I may act on what he said and truly let it affect my life. One of the biggest take-aways for me reading it the first time through was the realization that the saints really did pour their lives into doing God's will, and that this is truly my calling as well, that saints are not made overnight, but through a constant pressing forward in Love for God, largely involving a constant battle for virtue and against sin. We must persevere, and never give up in ridding ourselves of even the littlest sin, because the more we fight for holiness...well...Fr. Dubay lists many reasons....but not resolving to repent daily from sin causes stagnation in our faith. Always press onward, depending on the love, mercy, and grace of the Lord, because He wants your holiness way more than you do, because He wants you to have eternal joy and communion with Him. P.S. It's very short. A very unintimidating book to spend a single day reading for spiritual enrichment, or to spread out over a week.

Dan McDonald says

A Sure Fire Plan to Move Forward

So often we are in ruts doing and confessing the same things over and over with seemingly no hope of ever changing. This book outlines a easy to understand way of really changing that pattern and moving far beyond what we thought was possible.

Why do we all shoot for simply not going to hell? Why not go for what Jesus wants us to be and experience His joy in us? With His grace, our mind opens up to see truth that is hidden when we are satisfied with all our "lessor sins."
