



The School of Life

The School of Life , Alain de Botton (Editor / Contributor) , Tom Chatfield (Contributor) , John Armstrong (Contributor)

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A series of intelligent, rigorous, well-written self-help books, put together by some of the leading minds in the field. This bindup includes the following titles:

Alain de Botton's How to Think More About Sex

Tom Chatfield's How to Thrive in the Digital Age

John Armstrong's How to Worry Less About Money

The School of Life Details

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Author : The School of Life , Alain de Botton (Editor / Contributor) , Tom Chatfield (Contributor) , John Armstrong (Contributor)

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From Reader Review The School of Life for online ebook

Andrea says

Optimists beware! Teens and twenties may not sympathize with any of the conflicts and feelings presented. And that's okay. It might take years before you regret choices in career, partner or school. The school of life has a pessimistic view. Regret is normal. Mistakes are what we are. Everyone has unrealistic expectations. There is no "living your best life." Only "coming to terms" with reality.

Jessica Huwae says

Always love thick essay book!

Rachel Ryan says

This book is the 'how-to' of life... Ranging from love, politics to technology. Inquisitive, thoughtful and interesting, I felt like I genuinely learned things that I can apply to my own life. Like giving myself techno breaks every day. The chapters are divided up into overarching themes and it works well in this way. I feel like first section on love and sex was the strongest.

Nunz says

It's about 3.5 stars. The book is in three parts Alain de Botton wrote the first part "How to think more about sex" which is good.

Terri says

What happens when you love Alain de Botton but are deeply mistrustful of anything from the self-help genre? The book stays unread by the bed for over a year. Finally, I cracked the spine and find Alain's contribution is a sweet, funny read. The second part wasn't too bad. The third part didn't interest me at all. 4 stars for part 1, minus 1 star for part 2, minus 2 stars for part 3.
