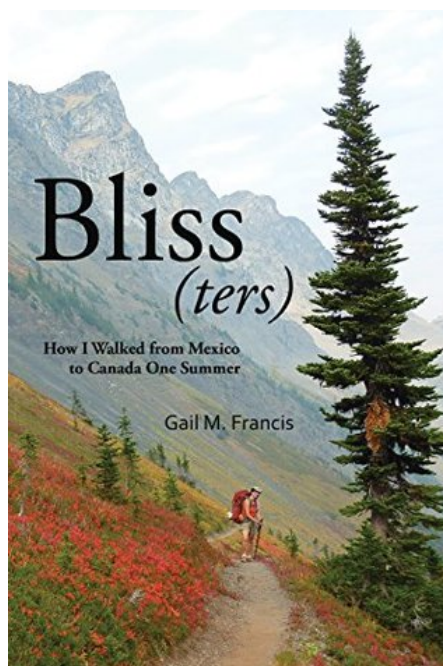




Bliss(ters): How I Walked from Mexico to Canada One Summer

Gail Francis

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Just before her 40th birthday, Gail Francis quit her perfectly good job and set out to hike one of the great trails of the world. Carrying everything she needed on her back, Francis spent five months walking from Mexico to Canada along the Pacific Crest Trail. Along the way, she lost her pack scrambling over scree in the desert, struggled to navigate high mountain passes, and wore the soles off her boots trekking across lava fields — all within some of the most pristine wilderness in the nation. Though she set out alone, her story includes an eclectic cast of characters. From the man walking the entire 2,700 miles in a series of twenty-six wedding dresses, to the woman making the journey in the company of her pet mouse, Francis learned to count on her fellow hikers for entertainment as well as a few important life lessons.

Bliss(ters): How I Walked from Mexico to Canada One Summer Details

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From Reader Review Bliss(ters): How I Walked from Mexico to Canada One Summer for online ebook

Jennifer says

Although I live in California and have been to Yosemite numerous times, I only had a vague idea about the PCT and what it means to hike it. I know a lot more now, thanks to Gail's detailed memoir of her journey. What a fabulous experience!

As a (barely a) day hiker, I really appreciated the sidebars explaining the ins and outs of long distance hiking. She answered many questions I had, and quite a few I hadn't even thought about.

Kerrfunk says

Bliss(ters) is Gail Francis's personal reflections on her 2,700 mile hike on the Pacific Coast Trail from Mexico to Canada, the summer she turned forty. Within the first two pages I was hooked by her language, her descriptions, her depictions. Every now and then I think of a question, and then boom, a few pages later she answers it! Thank you for sharing your story, Gail!

I look forward to gifting this book to others, plus I'm inspired to consider hiking for myself.

Lynn M Marcusen says

Realistic Enjoyable Read

Well balanced, realistic read that was about the rigors and joys of long-distance hiking. The author brought us along on the trail, introduced us to the PCT without getting too technical. We get a glimpse of the difficulties, along with the people who hike this amazing trail. Some travelogues are more about an authors emotional turmoil that they carry and work through while hiking. This book is a reflection of hiking for the love of the hike. It is rare to step into a travelogue and not feel like an intruder. The reader is welcomed along as a friend. There is no bad language or graphic scenes. Highly recommend. Pack light and travel far.

Robyn says

I just loved this book. NightinGale tells such a wonderful story about her experience. She doesn't need excuses to make this hike. I love how she tells about trail life and her personal reflections. She also has a lot of excellent, highly useful information set aside for the serious hiker.

Mario says

This book drew me in from the start. For anyone looking to hike the PCT, Gail's firsthand account of her

thru-hike is a fantastic insight of the adventure to come.

Gretchen says

I know I'm going to get blisters on the PCT but I really hope they're not this bad.

Elizabeth says

What a delightful book! I really enjoyed the stories that Gail shared and her perspective on what it means to take on the Pacific Crest Trail. She doesn't hold back on the details meaning that, as a non-hiker, I wasn't convinced to give up my life to go on a months-long hiking journey. But the book shared some insight into the hiking culture that I never knew existed, where strangers offer all kinds of help to hikers just to be kind. We need more of that in this world.

BWOODS61 says

This was a surprisingly fun read! If you're curious about what it's like to hike the Pacific Crest Trail, Gail gives a lot of information with humor and honesty.

randy casebier says

Kept reading

If I find a book that keeps my interests despite commuting 3 hours a day to work and work and everything else that comes from remodeling a flooded home.... well enough said.

David Ryan says

A lovely book that aptly described a marvelous adventure

Suzanne Jacobs says

This was easy to read, but there is nothing special about it.. Maybe useful if you're planning a thru-hike, especially of the PCT, to get another perspective but if you're looking for something deeper and more introspective than just the basics of a daily journal, this isn't it.

Ron Smith says

I liked the book. I've read many books on hiking the PCT and I thought this was another good read. I enjoy hearing other perspectives on the hike and the author did a good job describing all of the characters she meets along the trail. I would recommend this book to anyone interested in either hiking the PCT or if you just enjoy the stories of others who have attempted the journey.

Brenda says

LOVED this book. I found it honest, down-to-earth, inspiring, interesting, well-written, and marked many pages of places I'd like to hike to!

Denise Chojnacki says

The great thing about this book is that it's an account of hiking the Pacific Crest Trail by someone from the area in which I live. Truly I felt like I had hiked right along with the author without the cold, the blisters and the mosquitoes. The encounters Gail had along the way with other hikers made for interesting reading and how she persevered despite some physical ailments that proved to be a thorn in her side. At first I wasn't a fan of how this book did not have chapters but it did indeed have sections and that gave me a little break as to starting a new area. All in all a fascinating account of a northern WI girl's journey and successful completion of the PCT.
