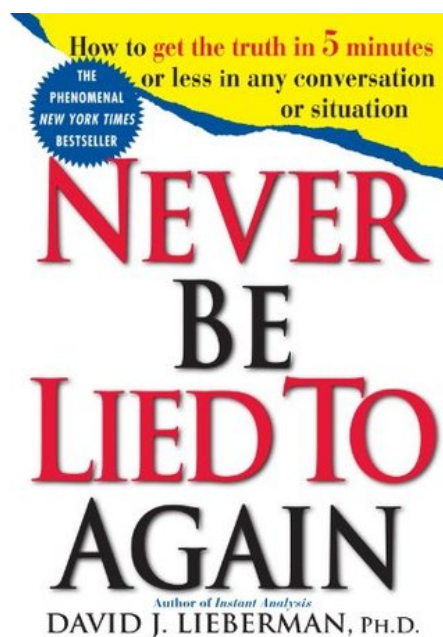




Never Be Lied to Again: How to Get the Truth in 5 Minutes or Less in Any Conversation or Situation

David J. Lieberman

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How many times have you been manipulated or taken advantage of by someone's lies? Are you tired of being deceived, tricked, and fooled? Finally, renowned behaviorist David J. Lieberman shows you how to stop the lies and uncover the truth-- in *any* conversation or situation. In a simple, user-friendly format, Dr. Lieberman gives you the tools to determine, with uncanny accuracy, if you are being lied to.

Utilizing newly developed techniques in hypnosis and psycholinguistics, this book also shows you how to easily influence anyone to tell the truth-- *within minutes*. Use it in any situation, from casual conversation to in-depth interviews. *Never Be Lied to Again* is chock-full of colorful examples and engaging scenarios to help you keep from being taken advantage of and give you that extra edge. Use these groundbreaking techniques to take control of every personal and business situation...and never be lied to again.

Never Be Lied to Again: How to Get the Truth in 5 Minutes or Less in Any Conversation or Situation Details

Date : Published September 10th 1999 by St. Martin's Griffin (first published 1998)

ISBN : 9780312204280

Author : David J. Lieberman

Format : Paperback 204 pages

Genre : Nonfiction, Psychology, Self Help, Business, Relationships, Language, Communication, Reference

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Allison Ball says

What a fun read, this book was. I really enjoyed learning the techniques in this book and practicing them in real life. I love Lieberman's fun facts randomly thrown into this book.

Anyone who enjoys watching the television show, Lie to Me, will also enjoy this book. I had actually only became interested in the show after reading this book. Prior to this book I had no interest in the show or didn't get it. Well, I get it now and it is utterly fascinating!

I look forward to reading more from David J. Lieberman in the future. It was a delight to run across this gem.

Suzanne Kunz Williams says

The world is filled with those who value honesty and those who don't. It's good to have some pointers that can help us tell the difference. And it's good to have some pointers on how to best encourage others to tell us the truth. This book offers so many insightful pointers. I am thankful for it.

I am also thankful for the God given light or voice that comes to each of us that can help us discern right from wrong, truth from untruth. And I am thankful that we all have the ability to listen to that voice and to learn to recognize it's warnings in our life. I am thankful that that voice gets stronger as we exhibit personal integrity in Christlike ways.

** Talking points - how do you feel when people lie to you? How do you feel when you don't tell the whole truth? How do you feel when you tell the truth even when there are consequences for your behavior? What makes it easier to tell the truth? How can you make it easier for others to tell the truth. Do you like being around people who lie to others? To you? If a person lies, do you think it is harder or easier for them to trust others? What about if a person always tells the truth?

Starla Nichols says

i cannot agree with this because a lot of the points it gives as things people do when they are lying, are things I do but I'm not lying. I am generally paranoid and defensive anyway.

Brii says

amazing book! great stuff to be aware of its something i like to read over and over again to to refresh my mind. the doctor who wrote this really knows his stuff and makes it simple for all to understand

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Ahmed says

Because I am not a master of deception and lies, I couldn't spot subtel sign of lies. This book would be a great addition to such naive person. But for expert, it sound too basic. It did change my perspective, the way I look into things. It so rewarding when you catch someone with his lie :)

Konn Lavery says

Great introduction to body language and how to identify when people aren't being fully honest. I found a lot of it was basic knowledge if you have been reading similar/more in depth books however it covers a lot of foundations that I would recommend to anyone new to studying human interaction.

Breakdown says

This book doesn't really give out much new information about picking up when a person is lying. It covers body language and the like, nothing really new.

My problem with the book are a couple of things; One, it doesn't talk about what to do with the information once you know if someone is lying, and that sometimes you're just better off letting people lie. Two, it asks you to lie in order to catch a person in the lie; where does it make sense to lie to catch a lie? Aren't you just as bad as the liar? Three, one of the options to lead a person to confess is to offer "a easy out" the book never says if you are to follow through with this or not. I would guess a person shouldn't, but if you offer it then go back on it then once again you are as bad as the liar.

Melissa says

I won't quite call this quackery, but I'm pretty dubious as to the actual uses of this book. I even tried out some of the methods in here and even though I knew the people I asked weren't going to lie to me, according to this book, they were. But I'll get into that later.

Never Be Lied To Again goes through all the different ways of lying, how to determine if someone is lying, how to get to them to tell the truth, and other strategies you could ever want to know. It helps determine body language, phrases used by liars, and methods they use to cover up their lies. It also tells you how to coax the truth out by different methods of interrogation or giving people the "easy way" out of a lie. It says that you can get to the truth in five minutes by using these methods.

Ok, well here's the problem. In order to begin to memorize these strategies and use them, it's going to take way more than five minutes. In fact, by the time you get the hang of it, you may not even need the skill anymore. And then there are the dubious ways that you would go about getting the answer you want. A lot of it involves lying yourself, which I've always heard two wrongs don't make a right. And then there's the

promising good things will happen if the person tells the truth, without really saying if you should back it up. If you lie about not getting mad, etc. the person is only going to believe you once, and this method will become ineffectual after the second time. In fact, the whole process for ferreting out a lie seems sleazy and relationship damaging. Especially if the person you suspect is lying, is telling the truth.

Then there's the recognizing if someone is a liar or not. There are some well known truthful ways to determine that in here. For example, body language and no eye contact. But then there's the little test I ran. The book says that if someone is recalling a memory, they look up and to the opposite side of their dominant hand. If they are making it up, they look up and to the same side as their dominant hand. I walked up to my mother (who did not know the book I was reading) and asked her what the color of her first car was. She looked up and to the left (she's left handed) and said that it was copper. And she has the pictures to back up the fact she was telling the truth. Ok, that was one time, I did the same thing with my brother, asking him a memory question and he looked me straight in the eye when he answered. So to me, even though I know this wasn't a full experiment, it was a pretty big clue that not everything in this book is true or useful.

Another criticism I would have is that aside from a couple sentences, the book doesn't go into socio-paths, mental disease, and other types of people that this book would have no bearing on. If you don't care that you're lying, believe your lie is the truth, or are convinced that your lie is in the best interest of everyone, nothing in this book is going to work at ferreting out that lie. And having been in a relationship with two liars, one of which would probably have admitted to things using a couple of the applicable yet sleazy methods in this book and one who was a socio-path and lied because he had no care of its effect, I can say firsthand that it is the second person who scares me the most. Not the first. Lies, while they hurt, are easier to deal with than someone who can lie without impunity and not care about its effects.

To just comment on the overall writing style of the book. It's written in a clear precise way with bullet points outlining the helpful steps and tips. I can't find fault with the way the book is formatted. It also reads simplistic, and easy to understand for most anyone who would pick this book up.

I know I sound rough on this book, but I really didn't find it helpful at all. I would never practice the methods here for fear of becoming a worse person (and a liar) myself. If I suspect someone of lying and need to use the methods here, it's probably best I don't associate with that person at all instead of going through all the trouble this book suggests. Not a book I would recommend to anyone.

Never Be Lied To Again
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205 pages

Review by M. Reynard 2013

More of my reviews can be found at www.ifithaswords.blogspot.com

Laura says

I have not yet finished reading this one, and, have already been able to successfully put many of Lieberman's techniques into practice. When I asked my 4 year old if he had put away his clothes, I noticed that he enthusiastically answered "yes," as his gaze shifted downward. when I asked him if I went to look, would I find them put away, he responded "oh, no, I forgot," and ran out of the room. maybe it seems like common sense to many, but, previously, I would not have followed through, just believed him when he said yes, then been angry when I found he had not told me the truth. (watching "Lie To Me" on Fox, wed. nights at 8pm

also reinforces these concepts.) a must read for anyone interested in improving communication skills and ability to "read" another!

Advanced Conversation Stoppers: Trance Phrases

"Why are you asking me what I don't know for sure?"

"Do you really believe what you thought you knew?"

"Could you give me....an example....would be helpful."

"You can pretend anything and master it."

"I understand what you're....saying....it doesn't make it true."

"Your question is what you knew it would be, isn't it?"

"Your response says what you're unaware of."

"If you expected me to believe that, you wouldn't have said it."

"How do you stop a thought once you get it?"

"Do you believe that you knew what you thought?"

"Why would you believe something that's not true?"

"Why are you agreeing with what you already know?"

"What happens when you get a thought?"

"The less you try, the more you'll agree...."

"Are you unaware of what you forgot?"
