



Unsubscribe (A Story About One Man's Profound Discovery)

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Unsubscribe is a short fictional book about a man named Keith whom on the surface seems to be living the American dream...a wonderful family and a nice house. Keith however felt far from it. He was frustrated about how his life had become so busy with things he did not want. So busy in fact he could not even be grateful for what he had. But all this is about to change late one Saturday when he decides to tackle some of the chores on the ever growing honey-do list that his wife has posted on the fridge. The one thing on the list that has infuriated him the most is what ultimately leads him to his freedom. Before long he finds himself moving up the corporate ladder and rebuilding his relationship with his wife and kids. Ultimately he is even credited with transforming the company he works for.

Unsubscribe (A Story About One Man's Profound Discovery) Details

Date : Published December 19th 2016 by Ross Newkirk

ISBN : 9781940129600

Author : Ross Newkirk

Format : Paperback 90 pages

Genre :

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From Reader Review Unsubscribe (A Story About One Man's Profound Discovery) for online ebook

Crystal says

I've got to be really honest, I have a hard time letting go. I am a stuff magnet. My husband has told me time and time again to simplify and unclutter. I feel that the stuff somewhat does rule my life. I ask myself, "How much do I really need?". Not much is always the answer, yet I find myself thinking that more will make me happy...when all it does is do the opposite. With more clutter I find it is hard to: find things when I actually need them, stay organized, and focus on what is really important in my life. I do occasionally find myself "spring cleaning" and getting rid of extra junk that we have seldom if ever used, but then I just end up getting more to replace what was given away or sold. If my husband had his way, my stuff would be whittled down to what he thought was just the essentials. Maybe he would be right. Change is hard...for some more than others. I am in this category, but I think I will give it a try. I think that I will "Unsubscribe" more and live with less junk. Even though I have had this in the back of my mind this book has put it into better perspective for me and has opened my eyes to a new way of thinking about this. What a novel concept and something we should all consider doing.

Samantha says

3.5 - This was a Goodreads Giveaway book. The main concept in the book is simple but inspiring. I will definitely be trying it out in my own life...starting with getting rid of the things in my home that have not brought me joy in a long time. It is time to "unsubscribe" to not only these items but also some beliefs in my life that are no longer positive. Thank you Mr. Newkirk.

Joanne says

The author of this book, Ross, is a friend of mine. He asked me if I would write a review of the book. It arrived in my mail today (5:15pm is about the time I opened the package). It's about 90 pages with a print size that is larger than most and the book is small. I read it in one sitting - less than an hour (I'm a slow reader). Some may finish it in 1/2 an hour.

It's about something we all know we should do - purge, change the way we think about things, the way we do things, etc. It's about making life simpler but it looks at it from the approach of two words - Unsubscribe and Subscribe. It is written in a story format. And it applies those two words to things - junk mail, toys, etc. to ideas, to relationships, and really to anything in life if you think about it. It got me thinking I should share it with the current place I am working as a temporary worker because there is so much that could help that company thrive if they unsubscribed to some other things. Hmmm....

If you're a person who likes self-help books, books that help you achieve greater things out of life, this is a very quick story with an idea embedded in it that you could implement in your own life. I had already started "unsubscribing" in my life, although I never called it that. Maybe I will. ;-)

Overall, very well written and worth it! Get over to Amazon and buy yourself the book. I promise you won't regret it!

Leslie says

I received this book from a Goodreads Giveaway. The book itself is short and takes the form of an individual telling others about how one simple change transformed his work and home life. It reads almost as a "self-help" book without telling you what you need to do for step 1, step 2, etc. I found this book to be a very quick read (about 1 hour) but it offers a different perspective on what we choose to do with our time/lives.
