



Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home

Chrissy Cymbala Toledo , Jim Cymbala (Foreword)

[Download now](#)

[Read Online](#) ➔

Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home

Chrissy Cymbala Toledo , Jim Cymbala (Foreword)

Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home Chrissy Cymbala Toledo , Jim Cymbala (Foreword)

A fascinating true story

Chrissy grew up surrounded by the beauty of love and the ugliness of pain. The daughter of a pastor whose church was located in a rough-and-tumble area of Brooklyn, she witnessed the ravaging effects of the streets on the lives of the most desperate—drug addicts, derelicts, and other destitute people. Yet her own home was a haven of warmth, filled with affection and love.

Then something happened that tore her away from it. With the flip of a switch, Chrissy fell deeper and deeper into deception where haunting images and songs pointed to one thing—perfection. Longing to be the girl in the song, she became entangled in an obsessive relationship. Before long, secret after secret led her down the path to becoming someone she didn't even recognize. Locked in to an impossible life, Chrissy found release from a surprising direction.

Girl in the Song tells the gripping, true story of a young woman whose choices led her to despair and incredible triumph. More than the story of one lost girl, Chrissy's experience points to the power of hope to lead us away from destructive relationships and into a life that just might end happily ever after.

Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home Details

Date : Published August 4th 2015 by Tyndale Momentum

ISBN :

Author : Chrissy Cymbala Toledo , Jim Cymbala (Foreword)

Format : Kindle Edition 283 pages

Genre : Christian, Biography, Nonfiction, Autobiography, Memoir, Spirituality

 [Download Girl in the Song: The True Story of a Young Woman Who L ...pdf](#)

 [Read Online Girl in the Song: The True Story of a Young Woman Who ...pdf](#)

Download and Read Free Online Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home Chrissy Cymbala Toledo , Jim Cymbala (Foreword)

From Reader Review *Girl in the Song: The True Story of a Young Woman Who Lost Her Way—and the Miracle That Led Her Home* for online ebook

Jennifer Jarrell says

A Story of God's Mercy and Grace

Chrissy is a girl who seemingly has it all; she is adored by her parents and the church they lead, she has many friends and is beautiful and intelligent. What Chrissy doesn't have is the self-confidence to find her worth in God alone, and she looks to males to fill that void. Unfortunately, as a teenager, Chrissy pursues a 21 year old man who only cares about himself. This man has no desire for a relationship with the Lord, let alone a proper relationship with Chrissy. Chrissy deceives all those close to her to keep a relationship with this young man, costing her a Bible University education and a career working for Estee Lauder, but more importantly it costs her the respect and trust of her parents. Chrissy eventually becomes pregnant and the Lord uses this situation for Chrissy to hit rock bottom and find that the only relationship she needs now is one with God. Once Chrissy truly repeats and gives her entire heart to God, she sees that living in the light is always better than walking in darkness with the world. This is an inspiring story of how God is able to redeem all stories and use them for His glory, just as the Bible promises.

Edward Arrington says

This is a powerful story of God's amazing grace at work in the life of a young woman and her family. I read Chrissy's father's book 14 years ago in which he shared a very brief portion of her story as it affected him and his wife. But as Chrissy shared her life in the book, it became so much more real to learn what drew her away from loving Christian parents and a wonderful church family to the depths of despair. My heart ached as I read about her dishonesty to her parents and herself as the dark powers of evil tried to steal her soul. It is easy to look around at people I know and wonder if they are fighting similar battles as I see them struggle over and over with the same things. And I have to wonder if there is a cadre of people calling out to God on their behalf. Chrissy's story truly highlights the tremendously significant role of those people who will come together and cry out for their loved ones who are in hopeless situations. Rev. Cymbala shared in his book about the Tuesday night when someone handed him a note saying "Tonight is Chrissy's night". She shares what was happening to her that night while the whole church prayed for her. I shudder to think how the story might have ended without a church praying specifically and adamantly for her. I highly recommend the book. If you are struggling with destructive obsessive behavior that keeps pulling you down, read this book. If you know someone who seems to be caught in a vicious trap of a destructive lifestyle, read it and share with that person. Every Christian and everyone who has any interest in surrendering to the Lordship of Jesus Christ can benefit from reading *Girl in the Song*. I won a copy of this book in a giveaway and was encouraged to write my honest review. This review is honest and straight from the heart.

Andreea says

A true story about not being good enough turned into unconditionally loved.

Erin says

The *Girl in the Song: The True Story of a Young Woman Who Lost Her Way--and the Miracle That Led Her Home* is an engaging true story. The main lead in this book has it all yet she stumbles and falls away from God, her friends, and her family leading a life a of lies and deception at every turn.

Chrissy struggles with who she is never feeling good enough or perfect and obsesses over finding that through a relationship with a guy that is quite destructive to her life. She finds herself lost and lonely for many years struggling with finding a love that can only come from God.

Though not all us may walk the same path as Chrissy, I feel there's something we all can take away from her story in one way or another. It's been an amazing read from start to finish to see how through it all how she was delivered by the redemptive love of our Lord and Saviour! To realize that we are never far away enough to not be forgiven gives one such hope and peace for living a life worthy of who we were created to be.

Alina says

Lubi? czyta? fikcj? - opowie?ci o wydarzeniach i postaciach, które narodzi?y si? w wyobra?ni autora, gdzie tylko od niego zale?y, czy wszystko sko?czy si? szcz??liwie. Ale od czasu do czasu potrzebuj? te? prawdziwej, chwytaj?cej za serce historii, gdzie nic nie jest oczywiste, a zako?czenie pisze samo ?ycie. Tak? w?a?nie ksi??k? jest "Dziewczyna z piosenki".

G?ówn? bohaterk? i zarazem narratork? "Dziewczyny z piosenki" jest Chrissy, córka pastora jednego z nowojorskich ko?cio?ów. Dorastaj?c nieraz styka?a si? z ludzkimi nieszcz??ciami, ale jej samej niczego nie brakowa?o - mia?a dom, w którym panowa?a atmosfera mi?o?ci, ciep?a i akceptacji. Jednak staj?c si? nastolatka?, Chrissy stopniowo zaczyna wpada? w coraz wi?ksz? obsesj? na punkcie swojego wygl?du. Cichy g?os w jej g?owie przekonuje j?, ?e musi wygl?da? idealnie, inaczej nigdy nie b?dzie dla nikogo wystarczaj?co dobra. G?os ten zag?usza ca?kiem jej rozs?dek i wszystkie dotychczas wyznawane przez ni? warto?ci, kiedy pewnego dnia dziewczyna poznaje starszego od niej o kilka lat Jaye'a. Chrissy anga?uje si? w niezdrowy zwi?zek, gotowa z?ama? wszelkie zasady, aby tylko sta? si? dla Jaye'a równie po??dan?, co dziewczyna z piosenki "Every Little Thing She Does Is Magic" Stinga. Odsuwa si? od rodziny i przyjaciół? z ko?cio?a, kolejne k?amstwa ?ci?gaj? j? coraz bli?ej dna. Chrissy zapomina jednak, ?e jest Kto?, kto kocha j? bez wzgl?du na wszystko i pr?dziej czy pó?niej upomni si? o ni?.

Ksi??ka ta przedstawia prawdziwe losy autorki, Chrissy Toledo - uwa?am, ?e wykaza?a si? ona wielk? odwag? i pokor?, otwarcie opowiadaj?c o wszystkich swoich b??dach i grzechach, o krzywdach, które wyrz?dzi?a bliskim i których sama dozna?a. Historia ta nie nale?y do lekkich i przyjemnych, czytaj?c j? towarzyszymy Chrissy na wielu ?yciowych zakr??tach i jeste?my ?wiadkami jej stopniowego upadku - chwilami a? chce si? krzykn??: "Nie ró?b tego! Pos?uchaj rodziców!". Chocia? zachowanie bohaterki bywa irytuj?ce, to jednak bardzo dosadnie obrazuje, jak wygl?da bycie wi??niem w?asnego umys?u i panuj?cych nad nim obsesji oraz jak jedna z?a decyzja mo?e wywo?a? ca?y ?a?cuch kolejnych. "Dziewczyna z piosenki" pokazuje te?, jak szkodliwa mo?e by? popkultura dla m?odych dziewczyn, staraj?cych si? do?cign?? fa?szywe przecie? idea?y pi?kna, prezentowane w telewizji i kolorowych magazynach.

Najpi?kniejszym dla mnie aspektem tej ksi??ki jest to, ?e stanowi ona ?wiadectwo niezwyk?ego Bo?ego

dzia?ania w ?yciu cz?owieka. Chocia? ?yjemy w czasach, kiedy wielu ludzi albo w og?ole nie wierzy w Boga albo uwa?a go za stoj?cego z boku obserwatora, On ca?y czas jest obecny w naszym ?yciu, ale tylko od nas zale?y, czy przyjmiemy Jego d?o?, stale wyci?gni?t? w nasz? stron?. Mam nadziej?, ?e wielu czytelnik?w dostrze?e t? prawd? na kartkach “Dziewczyny z piosenki” i, czytaj?c o losach Chrissy i jej oddanych Bogu rodzic?w, zrozumie, ?e i dzisiaj mo?liwe jest codzienne ?ycie w wierze, daj?cej pok?j i nadziej?.

Polecam t? autobiograficzn? powie?? ka?demu, kto znalaz? si? kiedy? w sytuacji bez wyj?cia, kto pope?ni? niemo?liwe do naprawienia b??dy, kto kiedykolwiek czu?, ?e nie jest w stanie poradzi? sobie z w?asnym ?yciem - by? mo?e historia Chrissy pomo?e wam dostrzec ?wiate?ko w tunelu. Oczywi?cie polecam j? te? wszystkim innym - ku przestrodze, pokrzepieniu i po prostu aby sp?dzi? dobry czas z warto?ciow? ksi??k?. Licz? na to, ?e na polskim rynku wydawniczym pojawi si? wi?cej tego typu powie?ci, kt?re nie tylko dostarczaj? rozrywki, ale te? g??boko dotykaj? serc i zach?caj? do zmian w naszym ?yciu.

Carol says

Every day the voice in the mirror said, “Not Good Enough”. And that voice began to dominate Chrissy’s teenage life.

A true story, Chrissy Cymbala Toledo writes of growing up with the loving support of her family Jim and Carol Cymbala pastors of The Brooklyn Tabernacle. She writes of the encouragement this church gave her as a child growing up in a tough neighborhood. Even so, Chrissy becomes haunted by dark shadows of perfectionism.

Obsessed by her clothes, her face, her body, she yearns to become “The Girl In the Song”. The song of teenage super stars, romance and sensational appearance pulls her into destructive relationships and deceptions that shatter all the trust of those who really love her. Chrissy’s life reels out of control until she loses everything that is precious to her.

Where is real significance? Where is true love? Chrissy looked at the very underbelly of society seeking a charade.

This is a story of God’s Grace, His power and His unrelenting pursuit of us. It is a story of excruciating loss and of triumphant faith. Chrissy’s story is also our story. Where we cloister ourselves in our unsullied consciences, where we clamor for approval in mere surfaces, our own mirrors chant “Not Good Enough”.

Yet as Chrissy shows through her experience, Christ does come to us in the darkest anguish of our hearts. He meets us exactly at the point of our deepest need. Thankfully, it really is Him that restores our souls and it really is Him that leads us in the path of righteousness. And it is His work that is deep and permanent and perfect.

And as poignant as Chrissy’s personal redemption is, we see the astonishing power of the church here too. The vigilance of a body of praying people knows no bounds.

James 5 calls on all of us in the church to pitch in for one another in dedication and powerful prayer...

“Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises. Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord; and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up, and if he has committed sins, they will be forgiven him...”

Chrissy is a witness to this power and her story shows us that God is for us through it all.

Charlene says

I am a Christian and I believe in miracles. Well written but not very suspenseful.

Janelle Cole says

Every once in a while I read a book that changes me. I have read a number of them, but it is certainly not most of them. The book *Girl in the Song* is a book that will stay with you, and might have a profound change in you.

girl in the song

Chrissy Cymbala Toledo wrote *Girl in the Song* - and she very intimately shares her struggle as a young woman. As I read her book it really impacted me, made me really think about why she was making those choices. Not all of us have made the same choices as her, but we have walked a parallel path - and made bad choices over and over again knowing how bad they were.

Seeing God's hand in her life was so encouraging to me as a mom also. I realize as her parents had to step back at one point in time, that they never gave up on her or on God and how he was working in her life. cymbala

As soon as I finished this book I started telling my oldest the basic story - he is 14 and I was not ready for him to get into the details of Chrissy's book - however since talking this past week I realize he is not the little boy I may have thought he was. I will be having him read her story so we can talk about it. The transparency that Chrissy writes with is so healthy, and being able to talk about her choices and the lies she believed might prepared him on some level for what he will be facing as he keep growing up!

I really loved this book, do not get me wrong, it is not a happy, light hearted book. Chrissy takes you deep into the devil's lies and methods, and into her sinful choices. But wow - the redemption that is also highlighted is inspiring. To see how Chrissy's church family was just that, her family through thick and thin reminds us how we should be to those in our church family.

I highly recommend this book, not for a specific reason other than, it will speak to you. If you are walking away from God it will speak about that and maybe change your choices, if you are where you should be it might help you see others in a different light who are struggling. This book is for everyone. It is powerful and convicting and encouraging all at the same time!

I was so thankful to win a copy of this book, and hope to share it with many friends and family members!! Thank you to Chrissy who wrote from her heart and opened her life to us!!

Mary Lou says

Few things are as heart-rending to parents as their own children walking away from their faith. *Girl in the Song* is the story of Chrissy's seven-year odyssey into a life of great darkness, fueled by her need for perfection so she could earn the love of a man. She maintained her illicit relationship with a boy her parents did not approve of through a complex web of lies, and ended up as an unwed teenage mother—separated from God, from her parents, and from the church family that had nurtured her. That family was the Brooklyn Tabernacle Church, headed by her dad, Pastor Jim Cymbala, and mother Carol Cymbala, the choir director of the Grammy Award-winning Brooklyn Tabernacle Choir. Chrissy had been raised by them in an atmosphere of love and vibrant faith. She had witnessed the amazing transformation and miracles among the Tabernacle members and a walk with God demonstrated repeatedly by her parents. But she turned her back on it all to pursue what she felt she needed—a man for whom she would be “magic,” because she would meet all his needs. Her obsession came from the lyrics of Sting's song “Every little thing she does is magic...My love for her goes on and on”...She says “The lyrics for me took center-stage, telling me what is of utmost importance...Could I be that magic to Jaye?...i wanted to be the girl in the song” (Chrissy Cymbala Toledo, *Girl in the Song*, Tyndale, 2015pp.72-73)

The words to music can be very powerful. But her miraculous deliverance from the prison of her obsessive relationship, and the dark accusing thoughts that continually plagued her, is a testimony to the greater power of prayer, and the mercy and love of God who never gives up on His people. Five stars.

Dr. ML Codman-Wilson, Ph.D. 12/6/2016

Dottie Parish says

Girl in the Song is a memoir by the daughter of Jim Cymbala, the pastor of the Brooklyn Tabernacle Church. I bought it because Jim Cymbala's books are outstanding. Chrissy's story of a pastor's kid gone bad is gripping and held my attention. There are some parts of the story that are hard to believe especially her ability to be hired at great jobs – working for a large cosmetic company, leading a college choir with no training. Chrissy gets involved with a guy and gets pregnant without her parent's knowledge. She deceives them repeatedly, sneaking around, stealing money and using their credit cards without their knowledge. She is seven months pregnant before her mother suspects this! They also were unaware of her obsession about her appearance and her never believing she was good enough. Chrissy was estranged from her parents after the baby came because she continued to deceive them. The outcome is positive with her repenting and returning to her faith in God and to the authority of her parents after the 1,000 member congregation prayed for her.

Every parent of teens should read this as a precaution. Don't be a helicopter parent but do know where your teens are, what they are doing and what their worries are. And hold them accountable.

Jalynn Patterson says

About the Book:

A fascinating true story

Chrissy grew up surrounded by the beauty of love and the ugliness of pain. The daughter of a pastor whose church was located in a rough-and-tumble area of Brooklyn, she witnessed the ravaging effects of the streets on the lives of the most desperate—drug addicts, derelicts, and other destitute people. Yet her own home was

a haven of warmth, filled with affection and love.

Then something happened that tore her away from it. With the flip of a switch, Chrissy fell deeper and deeper into deception where haunting images and songs pointed to one thing—perfection. Longing to be the girl in the song, she became entangled in an obsessive relationship. Before long, secret after secret led her down the path to becoming someone she didn't even recognize. Locked in to an impossible life, Chrissy found release from a surprising direction.

Girl in the Song tells the gripping, true story of a young woman whose choices led her to despair and incredible triumph. More than the story of one lost girl, Chrissy's experience points to the power of hope to lead us away from destructive relationships and into a life that just might end happily ever after.

My Review:

As teenagers we are faced with so many things and many of those things are very terrible simply based on the fact that we live in a sin riddled world. As a young struggling teenager I myself made many mistakes. Now as a parent I fear for my children. I have to raise them up as christian children in a world that will actually work to pull them to the wrong side. It is a terrible scenario, yet in no way shape or form, I will do all I can to insure that they grow up as children of God.

Chrissy Toledo, had very much the same background. She grew up as a "PK", preachers kid. Growing up in Brooklyn she has seen her fair share of the wrong side of this world. The broken side, the side that is littered with all things evil. And she also watched as her Daddy tried to lead others as best he could down the straight, narrow pathway.

One day something changed in Chrissy that led her down a dark, lonely path. And there was only one way for her to get back to her roots, those roots had God at the base.

****Disclosure**** This book was sent to me free of charge for my honest review from the author.

Margaret says

real talk. i grew up with *fresh wind, fresh fire*, and this is the book for all the kids who maybe didn't quite believe that communion with God and a family of believers can change anything. it can.

Qoutaiba Idlbi says

God has a plan for us, sometimes we see it, we feel it but mostly we just ignore it. I felt his presence while I was reading more and I figured he's always there in my heart, much closer than what I ever thought.

Raising says

I was very blessed to be included in this book launch team and to review this courageous book. I don't think I took a breath while reading this book, and being a busy Mom it was amazing that I was able to finish this book in less than a day. The author, Chrissy Cymbala Toledo does a wonderful job of giving a person front row seats and holding nothing back as she takes you on her life journey.

The book is a true story of Chrissy's life and you are introduced to a 4 year old Chrissy as the story starts. She is the daughter of a pastor who has a church in a rough neighborhood in Brooklyn. She discusses how she embraced all the different nationalities and cultures, and the love she had for all the people and all the love these people had for her.

Everything was going well for Chrissy until an event happened in the life of her church that left her devastated. She was a young teenage girl who started to have to be perfect in her appearance to the outside world. It became more than just a fashion infatuation; and to make matters worse, she continually heard a voice saying she was never good enough. This inside voice harassed her and really became bad when she began a secret relationship with a man.

I think everyone has dated or at least known someone close to them that has dated a man like the one Chrissy met. Her life begins to whirl out of control and missed opportunities happen just to suffice staying with this man. She ends up hurting many people, including her family.

God is so good though because it is not until we are lost, that we can be found. Chrissy goes through so much and yet she comes out shining. This is a beautiful story of how God can work in our lives, no matter what we go through.

I was given a complimentary book through the publisher, Tyndale House Publishers for being a part of Girl in the Song Book Launch Team.

This review originally appeared on my blog on September 21, 2015 at <http://raisingsamuels.blogspot.com/20....>

Natalie Vellacott says

I enjoyed this and I think the author was very brave to write it.

Chrissy was raised in a Christian home (her father was the Pastor of their church) but she became distracted from God, her friends and family after she developed an obsession with a man who was a few years older than her. After cutting contact with everyone and abandoning her studies and various jobs for this man, she ends up pregnant and alone until she finally turns to God for help. Her story also deals with the powerful emotional impact of music and how it can be used for good but also for evil.

The author is now married and decided to write her very personal and traumatic story to try and influence other girls away from non-Christian relationships. She describes well the emotional ties that can be formed which can be very difficult to break free from.

I would recommend this book for any Christian who is either in one of these relationships or who is considering it. I hope Chrissy's story will encourage you to make the wise (and biblical decision) not to get into one of these relationships believing that God will bless it, as Chrissy discovered, it may end up nearly destroying you instead.

I am rating this 4 stars due to some minor theological issues that I personally don't agree with but I would still recommend this book. It is clean; free of bad language and violence and there is no detail of the sexual activity.
