



Safe and Sound

Lindy Zart

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This is Lola's story. She has a secret no one can know. Once a safe haven, her home has turned into a prison, and she fears if she doesn't somehow escape, she will lose herself completely.

She finds her escape in Jack; a troubled young man with a cynical smile and eyes that see all Lola tries to hide. But even Jack can't save her from the evil at home.

Safe and Sound Details

Date : Published February 3rd 2013 by Smashwords Edition (first published November 4th 2012)

ISBN :

Author : Lindy Zart

Format : ebook

Genre : Young Adult, Sociology, Abuse, Romance, Contemporary

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From Reader Review Safe and Sound for online ebook

Heather says

Probably more of a 4.25. It was a good book but it had the potential to be an exceptional book if there had been a little more character buildup. At times it felt a little rushed. Overall, though, it was a worthwhile read.

Alicia Huxtable says

If there is an author I can always count on to make me laugh and cry....it's Lindy Zart, and again with this book she doesn't fail.

Lola feels alone, her home life is miserable, she feels abandoned by her mother and she has pushed away all who were close to her.....to protect them.....only no one knows that.

Sebastian, Lola's best friend doesn't understand why she doesn't want anything to do with him anymore and is hurt by it.....but he has his suspicions.

Jack, is in a similar situation to Lola and together they help each other be just strong enough to try and break loose.

Loved this book, as with any book written by Lindy, but this one really hit a tender spot.

Tawnya Peltonen says

I received a copy of this book and for some reason, I'm not entirely sure why, I put off reading it for a while. After having it sitting on my bookshelf for a couple weeks, silently taunting and begging me to read it, I finally gave in and started it late last night.

I am now figuratively kicking myself for not reading it sooner. I could not put this book down!!!! In fact, I stayed up past 3 a.m. reading it. From page one all I could think was "Wow!". This is an INTENSE read. It will definitely make you feel something. Throughout the book I laughed, I shed a tear or two and I seriously wanted to punch someone...or maybe a few someones in the face.

I loved Lola and Jack and the way they could just let go of their problems with each other. The way they interacted with each other and with others felt very real. I could almost imagine myself and people I know being in these same situations, having the same conversations. And the secondary characters....well, let me just say I think I'm a little in love with Sebastian.

The only real issue I had with the book is that I felt the pace of it was too quick. I would have enjoyed more details, more scenes that showed certain relationships developing. But aside from that, I really enjoyed this book. and I'm hoping that Lindy Zart decides to tell more of the characters' story. I would definitely read a sequel.

Eric says

This was a story so well told that I felt the need to intervene on her behalf and felt helpless that I could not give the main character a guiding hand, a boost, encouraging words, or even call the cops for her.

I normally read science fiction but had picked up the book based on the author. When it came up in my queue to read I was a quarter of the way through it before I realized there would be no intervening fantasy world, magic, or alternate reality to carry her away. Her problems were going to be handled by her. By then I was too wrapped in the story and had to see it to the end.

Thank you Lindy for the excellent read, I very much enjoyed it.

Vicki Rose says

This is my very first review for Platinum Book Reviews and I am honored to do this and it is also the first time I've read any works by Lindy Zart.. I can tell you that she has gained a fan for life!!! I love the way she can draw you into the story. As she describes each character, I can easily envision them as I walk through the pages of their lives. I cant wait to read more!!!

We are introduced to Lola Murphy, a seventeen year old who up until a year ago, lived a pretty normal life with her mother, Lana, in Morgan Creek, Wisconsin. Her life had seen some sadness with the passing of her father when she was younger but her mother did what she could. A year ago, things were happy. A year ago before Bob Holdren.

Her mother took a job at the local Ray-O Vac factory, working third shift. Lana met and married Bob Holdren soon after starting at the company. That's when everything changed for Lola Murphy. Nothing will ever be the same again. No one knew, no one understood, no one even cared... or so it seemed.

Lola finds the one person who understands all too well the fears, the pain and the bruises that her life has become over the last year. The one person who will give her the strength to fight. The loner with those pale green eyes and shaggy black hair, Jack Forrester.

In this amazing story you will find a young woman about to breakout of her reality to find a lost relative, who can finally answer questions her mother had always tried to avoid. Rekindle friendships that she thought she had lost forever and to find the love she never knew could exist. I would highly recommend this book to any and all who truly enjoy a great story.

(A million thank you's to Vicki Rose for giving me the opportunity to read and recommend such a wonderful story by an amazing author. ~ Tina Marie)

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PLATINUM REVIEWS GIVES LINDY & "SAFE AND SOUND":

4.5 PLATINUM RINGS!

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## Carly says

### My Review:

Safe and Sound by Lindy Zart was one of the best books I have read in a while. In Safe and Sound we meet highschool student Lola who spends her school days trying to blend in with the walls. She used to have some really good friends at school, including Sebastian, but now it seems that his new girlfriend Roxanne's goal is to make her life hell. She feels totally alone in her life, but it hasn't always been this way. It seems that since her new stepfather has come into her life a year ago, all her friends have abandoned her, even her own mother seems to have forgotten about Lola. As much as Lola tries to be invisible at school she wishes she could be the same at home. This is not possible though, and Lola is forced to deal with the abuse and neglect all alone.

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### Amanda says

It took me a long time to figure out what to write for my summary. Im still not entirely sure.

You never think that anyone else can go thru the same thing you did. This story hits pretty close to home. I felt like I was a part of the story. I could feel what she felt and the emotions she was going thru. You blame yourself, push others away because thats how you feel you can survive. People around you have some idea whats going on but then still dont speak up. You feel helpless. Is someone going to save me or is this the end? I was moved by this book so much. When my mother knew what was going on and did nothing, I vowed from that day forth to NEVER let my children go thru that. So thank you Lindy for writing this book. It meant more to me than you may ever know.

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### Jamie Turner-norton says

This Book pulled more emotion out of me than any other book EVER has. I cried almost all the way through the book. (That NEVER happens) I'm usually able to hold the tears at bay or take a break and come back to it and be fine. But NO not with Safe and Sound, no matter what I did I was still turned into an emotional wreck.(You know the crying that has your eyes bloodshot and swollen, snotty nosed and you end up with a headache after?? Yeah that was me) I'm not sure whether I should be mad at Lindy Zart for pulling such emotions out of me or be proud of her for being such an amazing writer and buy up every book she has in paperback so I'm going with both feelings.

I was pulled into the book automatically and felt like I was going through everything Lola was. I hated the people she hated, and loved the people she loved. I felt every slap, pinch, and all the emotion abuse she felt. I love Poor ol' Jack and all his baggage. His little sister is so protective and a lil spitfire. Sebastian has a hero complex but I can't help but love him also. I CANNOT wait to read more of Lindy's work!

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### Kamila says

Not really my thing to be honest.

I don't mind a good YA novel, but being John Green's fan I have a really high expectations.

The author put too much drama in the plot, at moments it felt over the top.

I was feeling sufocated by pity I felt for the main character, for her mother and even Jack.

I've read few books by Lindy Zart and I love her writing but unfortunately not in this one.

### **Emily Grosse says**

I really enjoyed this book. It is a roller coaster of emotions as you feel the fear and anger that Lola goes through. Lindy develops this character so well that through it all, you keep rooting for her. Lindy makes you feel like you are there as Lola tiptoes around her house, and you can almost smell the booze on her step father. I really enjoy how Lindy wraps the story up at the end leaving us all hopeful that there really is a light at the end of the tunnel.

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### **Laura says**

I really liked this book, it really pulls you in. Safe and Sound is a very well written book that will make you think. I've already read Charmed and I enjoyed it, as well. This book brings abuse to life and sometimes it's hard to seek help. Fear can do strange things to people. Kept me reading most nights late. I went away from it for a while and when I came back I had that same excitement I did when I first started. I would like to see a follow up. It was a fast read as well.

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### **Jood Hooligan says**

Having already read one of Lindy Zart's books, I had high expectations for this one. Plus, I had heard only good things about. I started it around lunch time, finished it around dinner. It was THAT good.

My one issue with it was with the lack of pronouns that could have replaced names. ...which isn't a big issue at all.

I loved the story. Loved the characters. Only cried THREE times! \*puffs out chest\*

This was an awesome book. I recommend you read it immediately.

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### **Melanie Smith says**

The only words that I thought of when I finished this book were WOW, powerful, sad and heartwarming!! When I first started reading the book, I was in tears that I couldn't jump in the book and save Lola and Jack. I felt like I was directly in the book and following their every move. I wanted to cry, scream and hold Lola with everything she had to go thru. I'm glad she had Jack there with her to understand what she was feeling and to comfort her in her time of need. I'm so glad I read this book and went thru every emotion in the book, as well as a half box of kleenexes. This is a must read if you are looking for a book that is powerful with a great "every happens for a reason" meaning.

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### **\*\*\*?Yasmine?\*\*\* says**

### 3.5 STARS

#### A YA ABUSE STORY ABOUT LIFE, LOVE, DEALING AND HEALING

It's been a year after Bob moved in with Lola and her Mother. Lola has lost weight and looks like a ghost, she keeps her head down and trudges through her daily life in fear. Her friends have abandoned her, but after meeting the dark and cynical Jack she has an escape, but things are about to get worse...

Even though this is another YA abuse story that isn't very long, the book resonates. The secondary characters are easy to picture, are well defined and are worthy. I loved Jack, he was complex and interesting.

*Writing style: 8/10*

*Characters: 8/10*

*Romance: 8/10*

*Uniqueness: 6/10*

*Ending: 7/10*

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#### **Sarah says**

I loved it! It's definitely a book that if you can't relate directly you know someone that you can be there for! I cried...a lot. Some sad tears, some happy tears. Definitely a book that once you pick it up you won't want to put it down. :) If you haven't read it yet, you really need to get your hands on it NOW! If you have read, well, read it again!

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