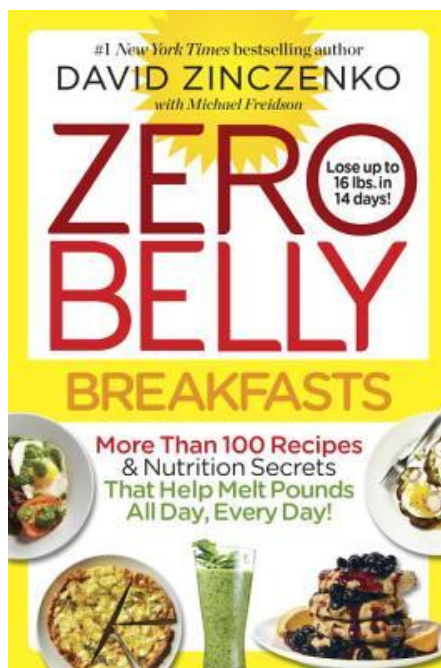




Zero Belly Breakfasts: Lose Up to 16 Pounds in 14 Days with Quick & Delicious Morning Meals!

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Start your day off right with more than 100 delicious and quick breakfast recipes that follow the bestselling *Zero Belly Diet* formula for lasting weight loss, from David Zinczenko, *Good Morning America's* health and wellness editor and bestselling author of *Zero Belly Diet*, *Zero Sugar Diet*, and *Eat This, Not That!*

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Some good advice and recipes
