



What Your Doctor May Not Tell You About Children's Vaccinations

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This volume explains vaccinations - the pros and cons. With detailed facts about each vaccination, as well as regulations and laws, this title provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

What Your Doctor May Not Tell You About Children's Vaccinations Details

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Shelly says

Good book for basic information, but should not be your only source of research. Comined with The Vaccine Book and other resources, it will help you make a well-rounded and educated decision.

Kathleen Tallent says

This book a fantastic resource for all parents. I think it is very important for people to be informed about what they allow to go into their bodies and the bodies of their children. Doctors typically want what is best for us and our children, however it is not within their job description to give ALL the facts. This is not a book that supports NO vaccines, so don't be weary. Dr. Cave just enlightens the public to all the details and how to make the best choice/schedule for your child.

Paul says

This is a balanced book offering a careful evaluation of the current use of children's vaccines. Vaccines do serve a good use, but are they as miraculous as they claim to be? Are there adverse side effects which parents should be aware of? Do our vaccines contain mercury (a potent neurotoxin)? And most starteling, is there significant link between some vaccines and certain autoimmune disorders (such as Autism)? This is an excellent read designed as an introduction to the adverse side of vaccines which I belive you deserve the right to know about.

Jessica says

I learned the important facts that if I am not a crack whore and I have actually seen a doctor throughout a pregnancy then I do not need to have my newborn vaccinated for Hepatitis B or A. If he or she wants to be shady in college then the vaccination will not cover the college years anyways, and s/he will have to be re-vaccinated anyways to cover Hep transmitted from casual sex or yucky dorm dining halls.

If you are going to be a conscientious, healthy parent that sees a doc, takes your kid to the pediatrician, doesn't do drugs and stays with the same "baby daddy" then there is no reason to flood your child's liver with this vaccine. But from my interpretation of the book, all the other standard vaccines keep your kid healthy, out of the hospital and are required for school. You can space them out and ask for them individually if you have reason to fear autism or other of the reasons that parents choose not to vaccinate. The book also addresses mercury and explains for the use of mercury in some vaccines.

The book didn't address the new HPV vaccine for young girls. You can probably wait on that one until your daughter sets off the burglar alarm from her bedroom window. Three words: Sacred Heart Academy.

Meredith says

i think that you have to put this book and the dr. sears vaccine book together to get a truly comprehensive approach to vaccination. while dr. sears gives great detailed information about what is in each vaccine, he dismisses some of the issues of vaccination (SIDS, allergies, etc.) that mainstream doctors are prone to dismiss. dr. cave addresses these issues and accordingly offers a different approach to delayed and selective vaccination.

Jennifer says

I definitely recommend this book for any parent. I think it's important to not just accept what you're told (ie that vaccinations are completely safe and you must get them all done) and to research it. I thought this book was a good overall, easy to read review of each vaccine's pros and cons. It's a little outdated but everything in there is still valid. I'm glad I read it, it really helped me make some decisions on which vaccinations I want to do and which I don't think I should.

Kristin says

Hm, this is probably the most balanced book I've read on the subject of vaccines - not that it was balanced. I think it is the most closely aligned with my views. Parents should be informed when entering the doctor's office, they need to ask questions, we need to remove the known toxic chemicals from vaccines to make a safer alternative, and, we need to do studies to actually have accurate numbers of the effectiveness/safety of vaccines (eg people with autoimmune diseases in family history; are we pushing diseases into older populations because we lose immunity). I wish there were a book that was more accurate with numbers.

Jaimee says

As if there wasn't already enough to think about during pregnancy, preparing for labor, and dealing with a newborn, along comes vaccinations much sooner than you might like and expect. So, here's a book to read to familiarize yourself with the vaccinations and get suggestions about when (or not) to give them to your child instead of simply following the CDC's prescribed schedule. Other books that have been recommended, but that I have not read are: Vaccines: A Thoughtful Parent's Guide: How to Make Safe, Sensible Decisions about the Risks, Benefits, and Alternatives (Aviva Jill Romm- she also wrote a decent book on natural pregnancy) and How to Raise a Healthy Child in Spite of Your Doctor (Mendelsohn).

Magdalena Saito says

Very well informed! I loved that she is pro vaccination, but provides ample information that can make choosing the right vaccines as well as their timing safer. I love that she does not recommend ALL vaccines but does go through the information regarding the illnesses, vaccines, symptoms, etc. I found it wonderful that a pediatrician is making a point to advocate for better safety and more research before forcing anyone to take a vaccine.

would definitely recommend to both pro and anti vacciniers.

Shilo says

This book is full of good information; although a little outdated. Vaccines are very controversial. It's too bad that the two sides are so conflicting. It would be much easier if everyone was forced to be honest. If there are such serious risks and possible side effects involved with vaccines, I believe we have the right to know and make our decisions based on accurate information. It is up to us if the risks are worth taking with our children as we will be the ones living with the consequences.

Cayenne says

The first half was scary and depressing. Fortunately most vaccines now are free from mercury (this book was published in 2001), but there's other disturbing ingredients in them still. I did appreciate the author's general approach of educating parents, but there was definitely a level of alarmism that turned me off. There were practical suggestions that I plan to implement such as spreading out the MMR vaccine if I can and making sure my kids are healthy when they get their shots. She also suggested extra vitamin C before and after to help support the immune system. I've always wondered about the varicella and flu shots, so it was helpful to have her perspective on them as well.

Amanda says

I gave this book only 3 stars simply because I wanted it to help me decide about the multitude of recommended vaccines and it only made it more difficult. There are too many for babies! While it did help me to learn about the diseases they are meant to prevent, I was still no closer to having decisions made. In some ways, the info is contradictory. How can I still vaccinate after knowing the risks and ingredients in these things? Yikes. So, instead, like many other parenting decisions, I am listening to my gut about my little one's vaccinations.

Christine Whitney says

It is outdated information as it is 7 years old, but it gives a person a lot to think about. If I were pregnant or a parent, I would want to at least have considered options. Sometimes people proceed with recommendations from doctors without contemplating options or realizing there might be options to consider. food for thought regardless of your position on vaccinations (which obviously have very strong pros, but some could have strong cons as well)

Robyn says

A very good book, free from the hysteria and fear-mongering that often plagues books about vaccinations.

Children in the United States are the most-vaccinated children in the world. We also lead the way in cases of childhood chronic diseases, and more children are suffering from allergies and other auto-immune diseases. Many people believe that vaccines are the cause.

This book gives even-handed information about the vaccines on the 1999 CDC immunization schedule.

That's why I only gave it 4 stars - it needs to be updated. The author clearly believes that vaccines need to be studied for safety, and makes this argument convincingly. If she is anti-vaccine, however, she hides it well. I left this book with the idea that the author believes selective and delayed vaccination is the best choice for most children.

The information about the actual diseases is the most useful. Who really knows what Hib or Diphtheria is?

Now I do, thanks to this book. And I know that the first is a real threat, while the second one really isn't.

I highly recommend this book to all parents. You must know what's going into your children; in this case, the dozens of ingredients that are being injected into your child's bloodstream. Dr. Cave breaks those down and discusses their potential issues as well.

Amber G. says

There are very few books on vaccinations that give a good view on both sides of the issue. This is one of them. It tells you how to safely vaccinate and the risks associated with it. I'd recommend this one to anyone, regardless of how they feel about vaccinating.
