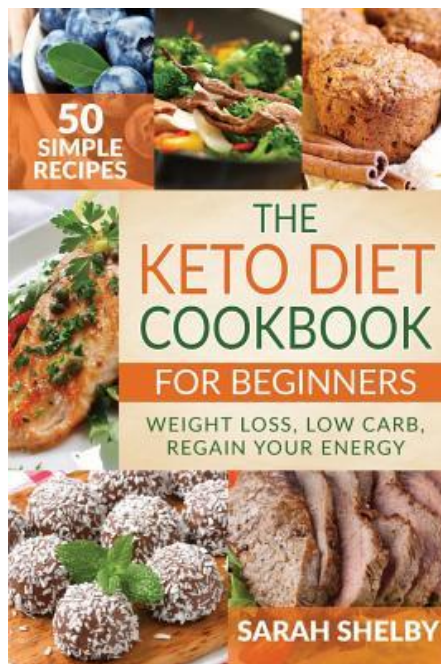




The Keto Diet Cookbook for Beginners: 50 Simple Recipes, Weight Loss, Low Carb, Regain Your Energy: (The Ketogenic Diet for Beginners)

Sarah Shelby

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The Keto Diet Cookbook for Beginners: 50 Simple Recipes, Weight Loss, Low Carb, Regain Your Energy: (The Ketogenic Diet for Beginners) Sarah Shelby
Learn The Secret Of How Thousands Of People Lost Weight, Thanks To This Amazing Book By Sarah Shelby!

Are you trying to drop those annoying extra pounds and need some cooking ideas that will help you with it?

Are you a beginner in the Keto Diet family and need some easy-to-make, delicious recipes that will get you started?

Then we have excellent news for you because Sarah Shelby is here to help!

"The Keto Diet Cookbook For Beginners" More Than 50 Delicious, Low-Carb, Ultra Energizing Recipes Await You To Try Them!

Feel the energy surge through your body and achieve your dream weight goal in a simple, albeit very effective way; trying the yummy recipes included in this book! Numerous ideas for dinner, lunch, breakfast, desserts, snacks, and even drinks are there to choose from!

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