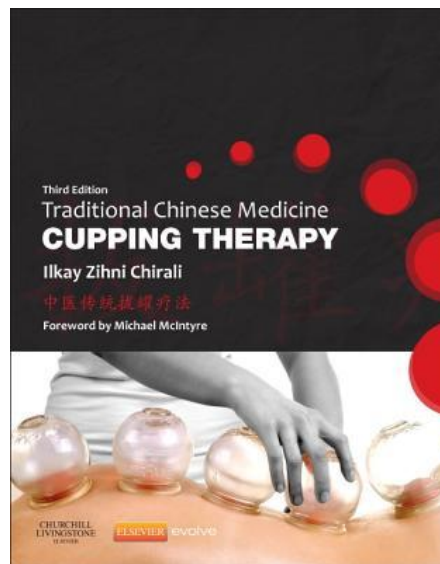




Traditional Chinese Medicine Cupping Therapy

Ilkay Z Chirali

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This new edition explores and describes techniques of cupping in the context of TCM theory. It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions, and looks closely at issues of safety, expectation and theoretical principles of action. This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain, stress management and cupping therapy and sports medicine. A DVD complements the text with video clips showing the eleven methods of cupping therapy.

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