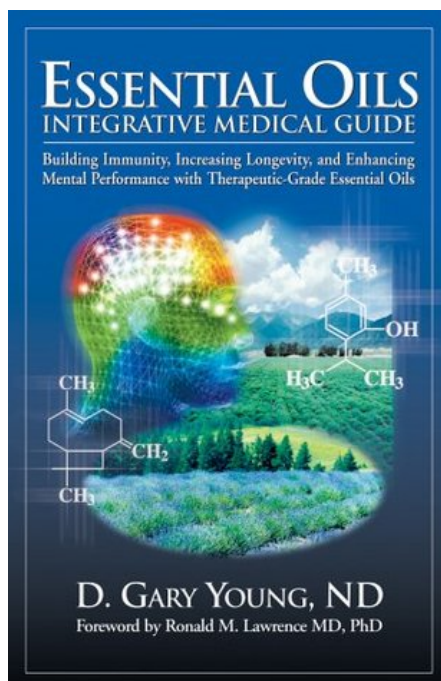




Essential Oils Integrative Medical Guide: Building Immunity, Increasing Longevity, and Enhancing Mental Performance With Therapeutic-Grade Essential Oils

D. Gary Young

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AUTHOR INFORMATION

D. Gary Young, ND, has made tremendous contributions to the rebirth of essential oils in North America. One of the pioneers in researching, cultivating, and distilling essential oils, he has spent decades conducting clinical research on the ability of therapeutic essential oils to combat disease and improve health. He has developed his own methods of application from which thousands of people have benefited.

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Rebekah Gamble says

When this book arrived, I sat down and read it over about a week's time, and now I use it for reference. I have a LOT of reference books as my 'day job' is running a holistic health clinic and doing education work in alternative medicine. At first I was leery about reading a book on oils written by a fellow running the largest essential oils business in the world, but I had listened to a few of his lectures and I liked his work. Overall I've been very happy with the book and have recommended it pretty frequently. Young gives a good overview of individual oils, plants, and he provides a background on where they come from and why he says the things he does. It's an enjoyable read to sit down with but still an easy reference.

Zuzana ?erneková says

interesting books

Stephanie Castle says

After hearing some of the authors audios I wasn't confident that the claims to come would be accurate. However, It was way more conservative than I expected and in line with Aromatherapy as a practice. I am very impressed with the safety section and that it was promoting a respectful approach to essential oils and their applications. It is respectful of all three school of thoughts and I will definitely recommend this book to anyone starting out!
