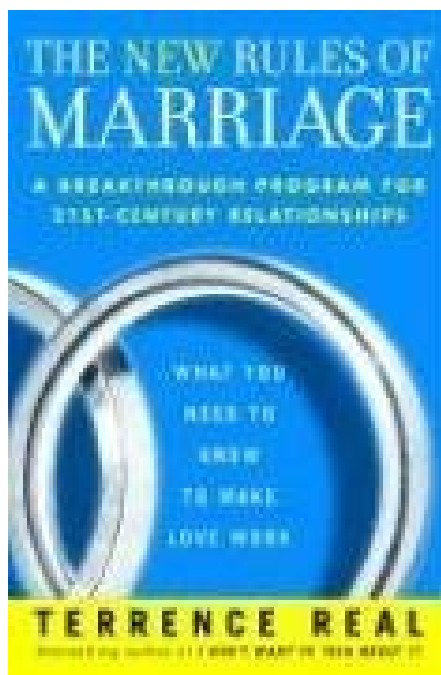




The New Rules of Marriage: What You Need to Know to Make Love Work

Terrence Real

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In his extraordinary new book, Terrence Real, distinguished therapist and bestselling author, presents a long overdue message that women need to hear: You aren't crazy—you're right!

Women have changed in the last twenty-five years—they have become powerful, independent, self-confident, and happy. Yet many men remain irresponsible and emotionally detached. They don't know how to respond to frustrated partners who just want their mates to show up and grow up.

Enter the good news: In this revolutionary book, Real shows women how to master the new rules of twenty-first-century marriage by offering them a set of effective tools with which they can create the truly intimate relationship that they desire and deserve. He identifies five non-starters to avoid and shares practical strategies for bringing honesty, passion, and joy back to even the most difficult relationship. Using his experience helping thousands of couples shift from despair to profound emotional closeness, Real guides you through the process of relationship repair with exercises that you can do alone or with your partner. With this program you'll discover how to

- identify and articulate your wants and needs
- listen well and respond generously
- set limits, and stand up for yourself
- embrace and appreciate what you have
- know when to seek outside help

The New Rules of Marriage will introduce you to a radically new kind of relationship, one based on the idea that every woman has the power to transform her marriage, while men, given the right support, have it in them to rise to the occasion.

We have never wanted so much from our relationships as we do today. More than any other generation, we yearn for our mates to be lifelong friends and lovers. The New Rules of Marriage shows us how to fulfill this courageous and uncompromising new vision.

From the Hardcover edition.

The New Rules of Marriage: What You Need to Know to Make Love Work Details

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Author : Terrence Real

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Genre : Relationships, Self Help, Marriage, Nonfiction, Psychology



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Work Terrence Real**

From Reader Review The New Rules of Marriage: What You Need to Know to Make Love Work for online ebook

MARK A EHLEN says

Success for those willing to humbly pursue it

Being a man who has been educated in the basics of relationship language and communication, I found this book to be the opportunity for the next level of relationship with my wife. Hope we are both up to the humble challenge.

Susan says

This book is fantastic -and I don't say that just because my boss wrote it! It has some very good thinking on what it means to be married these days - especially for those of us who want it ALL. A good read for all women, I think!

Whitney says

Just getting into psychology books. Interesting read, fun to get deeper into love.

Sebastian says

Very good and unusual (for me) ideas. Interesting to read about it. How hard will it be to work on it? Follow-up review scheduled for 2050...

Marian says

A bit dated. General labeling doesn't go over big with me.

Sean Camoni says

Very helpful. Learned a great deal and have put much of it into practice.

Daniela says

Ok people — don't freak out, I'm not getting married any time soon. But I loved this book. I heard it

recommended by a podcaster and read it as an ebook, and honestly think I'll read it again in paperback to fully process. This book would be so useful to anyone, marriage or no marriage, in examining the ways we interact with people close to us (friends, partners, family, even coworkers) and how to do so with more authenticity & harmony. It's basically a book about human psychology and effective communication when under emotional stress. Go read it!

Parisienne says

From the same author who wrote a book on Males & Depression. Insightful, compassionate and excellent supportive data. Case studies are amusing because almost every couple can relate to the arguments and issues. A "self-help" book with psychological and sociological overtones. If you are interested in human behavior I strongly recommend reading this book.

Sophie Rayton says

There was a lot of good to take out of this book, however, I disagreed with some of the authors points and approaches and was desperate to come to the end so it could be over.

JaNae says

I like the "losing strategies" he identifies....we've all got them!

Vince says

Like Terrence Real's other books I have read, this gets to some interesting topics. I had just finished watching Annie Hall for the first time and this book discusses a wonderful passage in that movie. Being a multi-book reader, I am not certain when I will get to finish this one but it is not because of lack of interest.

Nicko says

This will be the wedding gift that I would give to any newly married couple. Good relationship advice for anyone though.

Kim Bowers says

I recommend this to everyone in a relationship, married or not and we often gift it as a wedding present to friends. It centers around the idea that you choose your partner based on childhood wounds you're trying to overcome and how to spot (and stop) the cycle of having the same arguments over and over.

My partner and I read this together and did all of the suggested exercise, which were hard but really helpful for both of us. 100% recommend.

Alex Giurgea says

O carte exceptionala pe tema cresterii intimitatii in relatii pe termen lung.

Meghan says

Although there are some helpful things in the book, it is rather out of date feeling. For one, it makes the assumption that only women with husbands will be reading the book. Whether or not that is the majority of the audience, as one reads through the book you get the feeling that the author is suggesting that only wives care about the relationship and that they are the only ones who need to make changes. The beginning chapters are better than the latter ones. The book was recommended, with caveats on its lack of modernity, by a therapist, mostly for the activities. Overall, it has some good features but it would be better if the author came out with an update edition.
