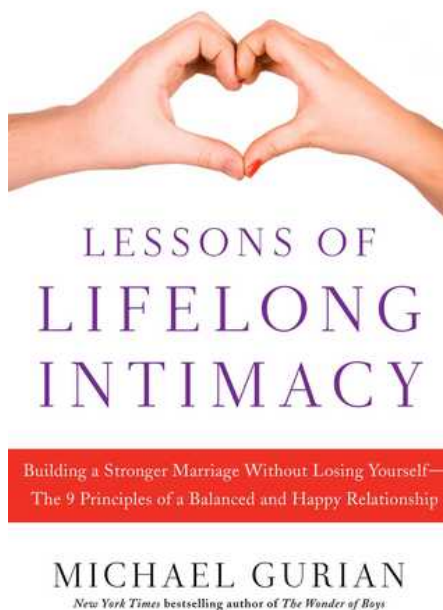




Lessons of Lifelong Intimacy: Building a Stronger Marriage Without Losing Yourself—The 9 Principles of a Balanced and Happy Relationship

Michael Gurian

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Date : Published May 26th 2015 by Atria Books

ISBN : 9781476756042

Author : Michael Gurian

Format : Hardcover 368 pages

Genre : Self Help, Relationships, Nonfiction

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Valerie says

This book is part research, part practical advice for some guiding principles for achieving a balanced and happy marriage. The author delivers the book through a variety of stories about the experiences of real life couples.

More about this book can be found on my blog: <http://hesaidbooksorme.blogspot.com>

Disclaimer: I was awarded this book in a Goodreads giveaway. While I did not pay for the book, the opinions expressed in this book are strictly my own.

Christopher says

I won this book in a Goodreads giveaway.

Lessons of Lifelong Intimacy has good information on growing as a married couple. Overall I didn't care for the book, it was like reading a text book. I felt like I was back in college reading for a class. I ended up skimming through the book which is rare for me.
