



Boundaries in Marriage: Workbook

Henry Cloud , John Townsend

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You long for a marriage marked by lifelong love, intimacy, and growth. And it can be yours -- if you set wise boundaries. Boundaries are the "property lines" that define and protect each of you as individuals. Get them in place and you can make a good marriage better and possibly even save a less-than-satisfying one. By the time you've completed this workbook, you will know yourself and your mate better than ever before. You'll also understand and practice the ten laws of boundaries in ways that can make a real difference in your relationship. Step by step, the Boundaries in Marriage Workbook helps you apply the biblical principles discussed in the book Boundaries in Marriage so you can . . . Set and maintain your personal boundaries and respect those of your spouse - Establish values that form a godly structure and architecture for your marriage - Protect your marriage from different kinds of "intruders" - Work with a spouse who understands and values boundaries -- or work with one who doesn't -- Filled with self-tests, questions, and applications, the Boundaries in Marriage Workbook helps you deal effectively with the friction points and serious hurts in your marriage -- and move beyond them to the mutual care, respect, affirmation, and intimacy you both long for.

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From Reader Review Boundaries in Marriage: Workbook for online ebook

Kim Parece says

It was useful, but very dry. A little humor would go a very long way to improve this book in my opinion.

Jill says

Another practical and useful book for marriage.

Stephen says

Dr. Cloud and Dr. Townsend are truly inspirational authors. I didn't really know what "boundaries" were before starting this book. I saw quickly just how powerful they can be for a well-ordered life. I know this is going to be a great tool for improving my marriage and becoming the husband God made me to be.

Charles says

Why you shouldn't threaten anyone ever - also, autonomy and self-assuredness.

Amanda says

An excellent marriage book, and the concepts bleed over into other relationships beyond marriage -- parenting, friendships, extended family etc.

One concept that stuck out to me is that you cannot control others, you can only control your response to their actions. That definitely is important to hear if you tend to be manipulative or controlling. (Ack!)

Chrystal says

My mom wanted to discuss this book with me because it has really helped her. I think it is fantastic! Everyone in a serious relationship should read it to find out if you and your partner are boundary lovers or boundary busters. Life is just better with healthy boundaries and communication!

Gayle Ayala says

Most helpful book on marriage I've read yet

Karin Huddleston says

took me forever to read but to be fair; I don't read much nonfiction. I lose interest. great information and very helpful

Sam says

Excellent book for not people in Marriage but leaders as well. Boundaries are the difference that help you thrive. We need them in friendships, marriages, work and life balance!

Kathleen says

This book is so helpful! It just gives language to a lot of issues that come up in a marriage, and tools to deal with conflict in a healthy way. Healthy for each, whole, individual person, AND healthy for the marriage. Based in the truth that each partner in a marriage is a whole person, beautifully and uniquely created by God, and each brings his/her own strengths and failures to the relationship. It encourages grace, forgiveness, and honesty, even when things are difficult. Highly recommend!

Jessica says

Helpful and informative, but less well written than the original boundaries books.

Curtisgb says

Learning to value others as separate and distinct individuals. You complete me? Hollywood Hogwash.
